



# MENU

 | SEVEN HILLS

PLEASE ORDER AT THE COUNTER

## BREAKFAST

### EGGS AS YOU LIKE 10

Served on sourdough toast (see extras)  
Poached (1540kJ) / Scrambled (2000kJ) / Fried (2090kJ)

### BREKKIE BURGER 13

Bacon, fried egg, hash brown, lettuce, house tomato relish, tomato, aioli on a soft milk bun (3370kJ)  
Add cheese (+276kJ) +1 / avo (+994kJ) +2

### HOUSE BAKED GRANOLA BOWL v 16

House baked granola, sweetened yogurt, açai compote, seasonal berries, coconut chia pudding, crushed strawberry (2970kJ)

### OMELETTE gfor 16

Roasted mushrooms, braised tomato, tempura batter bits, mozzarella, and chives served with toasted bread (2250kJ)  
Add chicken (+718kJ) / ham (+453kJ) / smoked salmon (+561kJ) +4

### CRUSHED AVO DELIGHT v 17

Crushed avo, tomato salsa, green balsamic, poached egg, whipped Persian fetta, chilli, chives with toasted sourdough (2640kJ)

### SALMON BENNY 18

Smoked salmon, toasted sourdough, sweet corn salsa, smashed avo, poached eggs, hollandaise, chives (3260kJ)  
Or, swap the salmon for ham (2920kJ) or bacon! (3210kJ)

### GRILLED HALLOUMI STACK v gfor 18

Spiced eggplant, heirloom tomato, raisin, grilled halloumi, coriander, sautéed kale, Spanish onion, poached egg, harissa on sourdough (2290kJ)

### SWEET CORN FRITTERS 18

Tempura sweet corn fritters, house tomato relish, chilli, tomato & avo salsa, poached egg, whipped Persian fetta, Asian herb salad (1780kJ)

### BREAKFAST GNOCCHI 19

Home-made potato gnocchi, roasted tomato, chorizo, shallots, chilli, parmesan snow, crispy potato skins, poached egg (3590kJ)

### LEAF BREKKIE v 22

Two poached eggs, grilled halloumi, hash browns, mushrooms, sautéed kale, smashed avo, roasted tomato with toasted sourdough (3760kJ)

### BIG BREAKFAST 22

Two eggs your way, grilled chorizo, bacon, hash browns, crushed avo, roasted mushrooms, roasted tomato served with toasted sourdough (4440kJ)

### BELGIAN WAFFLE v 18

Seasonal berries, açai compote, vanilla ice cream, pistachio, whipped vanilla ricotta, Belgian chocolate sauce (3260kJ)  
Add extra ice cream (+645kJ) +3

### PANCAKE v 18

Seasonal berries, vanilla ice cream, mixed caramelized nuts, toasted coconut, whipped vanilla ricotta and genuine maple syrup (3980kJ)  
Add extra ice cream (+645kJ) +3

EXTRAS			
Poached Egg (345kJ) / Hash Brown (553kJ) / Roasted Tomato (86kJ)	3	Grilled Bacon (1310kJ) / Grilled Halloumi (722kJ) / Smoked Salmon (561kJ)	5
Sautéed Kale (67kJ) / Mushrooms (160kJ) / Avocado (994kJ) / Chorizo (784kJ)	4	Potato Chips (1192kJ) / Sweet Potato Chips (809kJ)	5 / 7

v vegetarian option    gf gluten free    gfor gluten free on request

Please notify staff of any food allergies.

The average adult daily energy intake is 8700kJ



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## BURGERS & SANDWICHES

### GRILLED CHICKEN WRAP

Grilled chicken, hummus, avo, corn, onion, lettuce, cucumber, sweet chilli mayo, tomato in a spinach tortilla wrap (2830kJ) 14

### VEGETARIAN WRAP <sup>v</sup>

Grilled halloumi, spiced eggplant, lettuce, tomato, coriander, raisin, Spanish onion, aioli on a spinach wrap with chips (3970kJ) 18

### CRISPY FRIED CHICKEN BURGER

Crispy fried chicken fillet, lettuce, coleslaw, kewpie mayo, Japanese BBQ sauce on a soft milk bun with chips (5090kJ) 18

### BAD BOY BURGER

Wagyu beef patty, house tomato relish, grilled bacon, lettuce, tomato, tempura onion rings, melted cheddar cheese and aioli on a milk bun with chips (6090kJ) 18

### PULLED PORK BURGER

6 hour slow braised pork, house spices, tempura onion rings, coleslaw, crunchy lettuce, sriracha mayo on a soft milk bun with chips (5170kJ) 18

#### KID'S MENU

Served with Kid's AJ (+480kj)

#### Kid's Brekkie

Scrambled egg, hash brown, with toast (1590kJ) 10

#### Kid's Chicken Nuggets

With chips, tomato sauce (2650kJ) 10

#### Kid's Cheeseburger

With wagyu beef, cheese, BBQ sauce, chips (3960kJ) 14

#### Kid's Waffle

With ice cream, chocolate sauce, strawberries (2780kJ) 10

## SALADS

### ROASTED PUMPKIN SALAD <sup>v</sup>

Roasted pumpkin, pepita seeds, whipped Persian fetta, kale, avo, roasted Spanish onion, tomato, balsamic glaze (2300kJ) 17

Add avo (+994kJ) +4 Add chicken (+718kJ) +5

Add halloumi (+722kJ) +4 Add smoked salmon (+561kJ) +5

### VEGAN BOWL <sup>v gf</sup>

Braised cauliflower, roasted mushrooms, harvest corn, roasted pumpkin, quinoa, edamame, tahini dressing (1370kJ) 18

## MAINS

### CHICKEN SCHNITZEL

Panko crumbed chicken breast fillet, cabbage slaw, chips, and creamy mushroom sauce (3780kJ) 18

Make it parmigiana! (+280kJ) top with tomato ragu and mozzarella +3

### FISH & CHIPS

Crispy battered Hoki fillets, chips and tartare sauce (3330kJ) 18

### SALMON RICE BOWL

Teriyaki marinated salmon, brown rice, edamame, avo, greens, kewpie mayo, furikake, chives (3850kJ) 22

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<sup>v</sup> vegetarian option <sup>gf</sup> gluten free <sup>gfor</sup> gluten free on request

# DRINKS



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## BREW BAR

### COLD DRIP COFFEE

A slow, four to six hour extracted coffee. Sweet, liquor like flavour with low acidity. Sold in a bottle. Served on ice. (2kj) 6

### HARIO V60

Hario V60 pour over gives the barista complete control over brewing extraction. This produces a clean after taste with a well rounded flavour of our single origin coffee. (2kj) 6

### ESPRESSO

Ristretto (2kj) 3.2  
Short Black (2kj)  
Long Black (4kj) 3.7  
Macchiato (61kj) 3.7  
Piccolo (197kj)  
Flat White (451kj)  
Latte (541kj)  
Cappuccino (451kj)

### FLAVOURED

Chai Latte (910kj) 4.2  
Green Tea Latte (929kj)  
Babycino (133kj) 1.5  
**upsized +0.7**

**upsized +0.7**

### BELGIAN HOT CHOCOLATE / MOCHA

We use Belgian couverture chocolate, high-quality chocolate that contains a higher percentage of cocoa.

<b>HOT CHOCOLATE</b> 4.7	<b>MOCHA</b> 4.7
White (979kj)	White (937kj)
Milk (1250kj)	Milk (933kj)
Dark (1080kj)	Dark (924kj)

**upsized +1.0**

**upsized +1.0**

Decaf (2kj) / Extra Shot (2kj)	0.5
Almond Milk (231kj) / Soy Milk (361kj)	0.7
<b>FLAVOUR</b>   Caramel (270kj), Hazelnut (274kj), Vanilla (274kj), Mint (280kj)	0.7

### ORGANIC LOOSE LEAF TEA

Temperature controlled, brewed to perfection. 4.5

### GOOD MORNING

Our luxurious take on English Breakfast Tea (2kj)

### EARL GREY BLUEFLOWER

Ceylon Orange Pekoe Black Tea infused with bergamot (2kj)

### GENMAICHA (KYOTO JAPAN)

Brothy Kyoto Green Tea with toasted rice (2kj)

### SILVER JASMINE (ZHEJIANG)

Silver tipped Green Tea, infused with jasmine blossoms (2kj)

### DIGESTIF

Mint, lavender and fennel seeds to aid digestion (2kj)

### HEAL

Lemongrass and ginger blend to restore minerals (2kj)

### WHITE PEONY (FUJIAN)

Lightly biscuity White Tea, high in antioxidants (2kj)

### MASALA CHAI

Authentic Indian recipe of spices with an Assam Tea base (465kj)

## COLD BEVERAGE

### ICED ESPRESSO

Iced Long Black (4kj) 5.5  
Iced Latte (1050kj) 5.5  
Iced Coffee (1450kj) 6.5  
Salted Caramel Affogato (1370kj) 6

### BLENDED

Iced Coffee (1700kj) 7  
Iced Chai Latte (910kj) 7  
Iced Green Tea Latte (908kj) 7

<b>ICED CHOCOLATE</b> 7.5	<b>ICED MOCHA</b> 7.5
White (3020kj)	White (2110kj)
Milk (2957kj)	Milk (2100kj)
Dark (2900kj)	Dark (2080kj)

### HANDCRAFTED SODA

New Zealand Golden Kiwi & Mint (860kj) 6.5  
Lychee (712kj) 6.5  
Cranberry & Lime (759kj) 6.5

### ORGANIC ICED TEA

#### BREAKFAST LEMON MINT

Ceylon Orange Pekoe Tea with fresh lemon juice & mint (611kj) 6

#### LEMONGRASS & GINGER

Caffeine-free cold tisane with fresh lemon zest (402kj) 6

#### EGYPTIAN ICE

Liquid Turkish delight (439kj) 6

### COLD PRESSED JUICE

**ORANGE** | Straight orange juice (600kj) 9

**GREEN** | Apple, pear, spinach & kale (830kj) 9

**RED** | Watermelon & strawberry (665kj) 9

### FRUITY SMOOTHIE

**STRANANA** 7.5  
Strawberry, banana, milk & honey (1290kj)

**PASSION TANGO** <sup>df</sup> 7.5  
Pineapple, passionfruit, banana & mango (1330kj)

**SUMMER SUNSET** <sup>df</sup> 7.5  
Pineapple, mango, strawberry & kiwi (1290kj)

**BLACK POTION** <sup>df</sup> 8  
Activated charcoal, blackcurrant, blackberry, cherry, blueberry & banana (1240kj)

**AÇAÍ** <sup>df</sup> 8.5  
Açaí, blueberry, blackberry, banana (1420kj)

### MILKSHAKE

Chocolate (1690) / Vanilla (1540kj) / Salted Caramel (1470kj) / Strawberry (1550kj) / or Banana (1290kj) 6

Add WHEY Protein (502kj)	2
Add Extra Ice Cream (645kj)	1

<sup>df</sup> Dairy free

THE AVERAGE ADULT DAILY ENERGY INTAKE IS 8700 KJ