

# **CHEF'S SPECIAL**

**AÇAÍ BOWL** V
Homemade granola, chia seeds, goji berries, blueberries, strawberries, coconut & almond flakes with almond milk 17

## **BACON & EGG BURGER**

With BBQ sauce or tomato relish 10

# **CHICKEN SANDWICH**

Pulled chicken, smashed avocado, walnut, wild rocket and aioli 13

 $^{\mathbf{v}}$  vegetarian option





#### PLEASE ORDER AT THE COUNTER

## **BREAKFAST**

#### **EGGS AS YOU LIKE** 10 Served on sourdough toast (see extras)

Poached (1540kJ) / Scrambled (2000kJ) / Fried (2090kJ)

#### **TOASTIES**

Cheese & Tomato <b>v</b> (1830kJ)	7
Ham & Cheese (2010kJ)	9
Ham Cheese & Tomato (2060kJ)	10
Chicken & Avo (3110kJ)	12

#### **BREKKIE WRAP**

Bacon, scrambled eggs, hash brown, tomato relish, lettuce, hollandaise sauce in spinach wrap (3370kJ) Add cheese (+276kJ) +1 / avo (+994kJ) +2

#### HOUSE BAKED GRANOLA BOWL V

House baked granola, sweetened yogurt, açaí compote, seasonal berries, coconut chia pudding, crushed strawberry (2970kJ)16

#### OMELETTE gfor

Roasted mushrooms, braised tomato, tempura batter bits, mozzarella, and chives served with toasted bread (2250kJ) 16 Add chicken (+718kJ) / ham (+453kJ) / smoked salmon (+561kJ) +4

#### CRUSHED AVO DELIGHT V

Crushed avo, tomato salsa, green balsamic, poached egg, whipped Persian fetta, chilli, chives with toasted sourdough (2640kJ)

#### **SALMON BENNY**

Smoked salmon, toasted sourdough, sweet corn salsa, smashed avo, poached eggs, hollandaise, chives (3260kJ) 18 Or, swap the salmon for ham (2920kJ) or bacon! (3210kJ)

#### MUSHROOMS ON TOAST V

Sautéed mushrooms, spring onion, miso, whipped fetta, tempura enoki, poached egg, chilli, furikake on 18 toasted bread (2100kJ)

### GRILLED HALLOUMI STACK V gfor

Spiced eggplant, heirloom tomato, raisin, grilled halloumi, coriander, sautéed kale, Spanish onion, poached egg, harissa on sourdough (2290kJ) 18

#### gf gluten free gfor gluten free on request **v** vegetarian option

#### **SWEET CORN FRITTERS**

Tempura sweet corn fritters, house tomato relish, chilli, tomato & avo salsa, poached egg, whipped Persian fetta, Asian herb salad (1780kJ) 18

#### CAULIFLOWER SHAKSHUKA V

Slow braised cauliflower, potato, tomato, coriander, onion, spices, chives, whipped feta, and eggs served with toasted sourdough (1520kJ) 18

**BREAKFAST GNOCCHI** 

Home-made potato gnocchi, roasted tomato, chorizo, shallots, chilli, parmesan snow, crispy potato skins, poached egg (3590kJ) 19

#### LEAF BREKKIE V

Two poached eggs, grilled halloumi, hash browns, mushrooms, sautéed kale, smashed avo, roasted tomato 22 with toasted sourdough (3760kJ)

#### **BIG BREAKFAST**

Two eggs your way, grilled chorizo, bacon, hash browns, crushed avo, roasted mushrooms, roasted tomato 22 served with toasted sourdough (4440kJ)

#### **BELGIAN WAFFLE** V

Seasonal berries, açaí compote, vanilla ice cream, pistachio, whipped vanilla ricotta, Belgian chocolate sauce (3260kJ) 18 Add extra ice cream (+645kJ) +3

#### PANCAKE V

Seasonal berries, vanilla ice cream, mixed caramelized nuts, toasted coconut, whipped vanilla ricotta and genuine maple syrup (3980kJ) Add extra ice cream (+645kJ) +3 18

EXTRAS	
Poached Egg (345kJ) / Hash Brown (553kJ)	2
Roasted Tomato (86kJ)	3
Sautéed Kale (67kJ) / Mushrooms (160kJ) / Avocado (994kJ) / Chorizo (784kJ) / Grilled Bacon (1310kJ) / Grilled Halloumi (722k	4 J)
Smoked Salmon (561kJ)	5
Potato Chips (1192kJ)	5
Sweet Potato Chips (809kJ)	7

#### Please notify staff of any food allergies.



# **SALADS**

#### ROASTED PUMPKIN SALAD V

Roasted pumpkin, pepita seeds, whipped Persian fetta, kale, avo, roasted Spanish onion, tomato, balsamic glaze (2300kJ) 17

Add avo (+994kJ) +4 Add chicken (+718kJ) +5

Add halloumi (+722kJ) +4 Add smoked salmon (+561kJ) +5

#### VEGAN BOWL V gf

Braised cauliflower, roasted mushrooms, harvest corn, roasted pumpkin, quinoa, edamame, tahini dressing (1370kJ) 18

# BURGERS & SANDWICHES

#### **CHEESE MELT**

Served on rustic bread

Mushroom & Tomato \* (1560kJ) 12

Ham & Pineapple (1920kJ) 13

Chicken & Avocado (2580kJ) 14

#### **VEGETARIAN WRAP** V

Grilled halloumi, spiced eggplant, lettuce, tomato, coriander, raisin, Spanish onion, aioli on a spinach wrap (2940kJ) 14

#### B.L.A.T. gfor

Bacon, lettuce, smashed avo, tomato, house sweet chilli mayo on sourdough (3070kJ)

#### **GRILLED CHICKEN WRAP**

Grilled chicken, hummus, avo, corn, onion, lettuce, cucumber, sweet chilli mayo, tomato in a spinach tortilla wrap (2830kJ) 14

#### **CRISPY FRIED CHICKEN BURGER**

Crispy fried chicken fillet, lettuce, coleslaw, kewpie mayo, Japanese BBQ sauce on a soft milk bun with chips (5090kJ) 18

### **BAD BOY BURGER**

Wagyu beef patty, house tomato relish, grilled bacon, lettuce, tomato, tempura onion rings, melted cheddar cheese and aioli on a milk bun with chips (6090kJ)

18

## **MAINS**

#### ALL THINGS GREEN gfor

Brown rice, poached egg, avocado, edamame, broccolini, broccoli, furikake, sautéed kale with kombu sauce (2430kJ) 18 Add grilled chicken (+718kJ) +5

#### **CHICKEN SCHNITZEL**

Panko crumbed chicken breast fillet, cabbage slaw, chips, and creamy mushroom sauce (3780kJ) 18

Make it parmigiana! (+280kJ) top with tomato ragu and mozzarella +3

#### **SALMON RICE BOWL**

Teriyaki marinated salmon, brown rice, edamame, avo, greens, kewpie mayo, furikake, chives (3850kJ) 22

#### **KID'S MENU**

Served with Kid's AJ (+480kj)

#### Kid's Brekkie

Scrambled egg, hash brown, with toast (1590kJ)

#### Kid's Chicken Nuggets

With chips, tomato sauce (2650kJ) 10

10

Please notify staff of any food allergies.

# DRINKS



### PLEASE ORDER AT THE COUNTER

#### **BREW BAR**

#### **COLD DRIP COFFEE**

A slow, four to six hour extracted coffee. Sweet, liquor like flavour with low acidity. Sold in a bottle. Served on ice. (2kj) 6

#### **HARIO V60**

Hario V60 pour over gives the barista complete control over brewing extraction. This produces a clean after taste with a well rounded flavour of our single origin coffee. (2kj)

<b>ESPRESSO</b>		<b>FLAVOURED</b>	
Ristretto (2 <i>kj</i> ) Short Black (2 <i>kj</i> )	3.2	Chai Latte (910kj) Green Tea Latte (929kj	4.2 )
Long Black (4 <i>kj</i> )	3.7	Babycino (133kj)	1.5
Macchiato (61kj) Piccolo (197kj) Flat White (451kj) Latte (541kj) Cappuccino (451kj)	3.7	upsize +0.7	

#### upsize +0.7

#### **BELGIAN HOT CHOCOLATE / MOCHA**

We use Belgian couverture chocolate, high-quality chocolate that contains a higher percentage of cocoa.

HOT CHOCOLATE	4.7	МОСНА	4.7
White	(979kj)	White	(937kj)
Milk	(1250kj)	Milk	(933kj)
Dark	(1080kj)	Dark	(924kj)
upsize +1.0		upsize +1.0	

Decaf (2kj) / Extra Shot (2kj)	0.5
Almond Milk (231kj) / Soy Milk (361kj)	0.7
FLAVOUR   Caramel (270kj), Hazelnut (274kj),	
Vanilla (274kj), Mint (280kj)	0.7

#### **ORGANIC LOOSE LEAF TEA**

Temperature controlled, brewed to perfection. 4.5

#### **GOOD MORNING**

Our luxurious take on English Breakfast Tea (2kj)

#### **EARL GREY BLUEFLOWER**

Ceylon Orange Pekoe Black Tea infused with bergamot (2kj)

### GENMAICHA (KYOTO JAPAN)

Brothy Kyoto Green Tea with toasted rice (2kj)

#### SILVER JASMINE (ZHEJIANG)

Silver tipped Green Tea, infused with jasmine blossoms (2kj)

#### **DIGESTIF**

Mint, lavender and fennel seeds to aid digestion (2kj)

#### HEAL

Lemongrass and ginger blend to restore minerals  $(2k_i)$ 

#### WHITE PEONY (FUJIAN)

Lightly biscuity White Tea, high in antioxidants (2kj)

#### MASALA CHAI

Authentic Indian recipe of spices with an Assam Tea base (465kj)

COL	) BEV	/ER/	<b>AGE</b>
-----	-------	------	------------

ICED ESPRESSO Iced Long Black (4) Iced Latte (1050kj) Iced Coffee (1450k	kj)		5.5 5.5 6.5
Salted Caramel Af	fogato (13)	70kj)	6
BLENDED Iced Coffee (1700k Iced Chai Latte (91 Iced Green Tea Lat	Okj)		7 7 7
ICED CHOCOLATE	7.5	ICED MOCHA	7.5
White Milk Dark	(3020kj) (2957kj) (2900kj)	White Milk Dark	(2110kj) (2100kj) (2080kj)
HANDCRAFTED New Zealand Gold Lychee (712kj) Cranberry & Lime (	len Kiwi & N	Mint (860kj)	6.5 6.5 6.5
ORGANIC ICED TO BREAKFAST LEMO Ceylon Orange Pel with fresh lemon ju	<b>ON MINT</b> koe Tea	(611kj)	6
LEMONGRASS & G	INGER	n fresh lemon zest (4)	02kj) 6
<b>EGYPTIAN ICE</b> Liquid Turkish delig	ght ( <i>439kj</i> )		6
COLD PRESSED ORANGE   Straight		ice (600kj)	9
GREEN   Apple, pear, spinach & kale (830kj)			9
RED   Watermelon & strawberry (665kj)			
FRUITY SMOOT STRANANA Strawberry, banance		ney (1290kj)	7.5
PASSION TANGO Pineapple, passion		ına & mango (1330 <i>k</i>	j) 7.5
<b>SUMMER SUNSET</b> Pineapple, mango,		y & kiwi (1290 <i>kj</i> )	7.5
BLACK POTION of Activated charcoa cherry, blueberry &			8
<b>AÇAÍ <sup>df</sup></b> Açaí, blueberry, blo	ackberry, b	panana (1420kj)	8.5
		40kj) / Salted Carar / or Banana (1290k <sub>)</sub>	

#### <sup>df</sup> Dairy free

Add WHEY Protein (502kj)

Add Extra Ice Cream (645kj)

THE AVERAGE ADULT DAILY ENERGY INTAKE IS 8700 KJ

2

1