

CHEF'S SPECIAL

PULLED CHICKEN SANDWICH

Pulled chicken and crushed avocado, walnut, wild rocket with aioli on toasted schiacciata (a type of Turkish bread) 13

AÇAI SUPER BOWL

Home made granola, chia seeds, goji berry, blueberries, strawberries, coconut & almond flakes and almond milk 17

BACON AND EGG SANDWICH

With tomato or smoky BBQ sauce on schiacciata (a type of Turkish bread) 11

PENNE BOLOGNAISE

Penne with mascarpone, parmesan and rich Napolitana sauce 19





PLEASE ORDER AT THE COUNTER

BREAKFAST

EGGS AS YOU LIKE 10 Served on sourdough toast (see extras)

Poached (1540kJ) / Scrambled (2000kJ) / Fried (2090kJ)

TOASTIES

Cheese & Tomato v (1830kJ)	7
Ham & Cheese (2010kJ)	9
Ham Cheese & Tomato (2060kJ)	10
Chicken & Avo (3110kJ)	12

BREKKIE WRAP

Bacon, scrambled eggs, hash brown, tomato relish, lettuce, hollandaise sauce in spinach wrap (3370kJ) Add cheese (+276kJ) +1 / avo (+994kJ) +2

HOUSE BAKED GRANOLA BOWL V

House baked granola, sweetened yogurt, açaí compote, seasonal berries, coconut chia pudding, crushed strawberry (2970kJ)16

OMELETTE gfor

Roasted mushrooms, braised tomato, tempura batter bits, mozzarella, and chives served with toasted bread (2250kJ) 16 Add chicken (+718kJ) / ham (+453kJ) / smoked salmon (+561kJ) +4

CRUSHED AVO DELIGHT V

Crushed avo, tomato salsa, green balsamic, poached egg, whipped Persian fetta, chilli, chives with toasted sourdough (2640kJ)

SALMON BENNY

Smoked salmon, toasted sourdough, sweet corn salsa, smashed avo, poached eggs, hollandaise, chives (3260kJ) 18 Or, swap the salmon for ham (2920kJ) or bacon! (3210kJ)

MUSHROOMS ON TOAST V

Sautéed mushrooms, spring onion, miso, whipped fetta, tempura enoki, poached egg, chilli, furikake on 18 toasted bread (2100kJ)

GRILLED HALLOUMI STACK V gfor

Spiced eggplant, heirloom tomato, raisin, grilled halloumi, coriander, sautéed kale, Spanish onion, poached egg, harissa on sourdough (2290kJ) 18

gf gluten free gfor gluten free on request **v** vegetarian option

SWEET CORN FRITTERS

Tempura sweet corn fritters, house tomato relish, chilli, tomato & avo salsa, poached egg, whipped Persian fetta, Asian herb salad (1780kJ) 18

CAULIFLOWER SHAKSHUKA V

Slow braised cauliflower, potato, tomato, coriander, onion, spices, chives, whipped feta, and eggs served with toasted sourdough (1520kJ) 18

BREAKFAST GNOCCHI

Home-made potato gnocchi, roasted tomato, chorizo, shallots, chilli, parmesan snow, crispy potato skins, poached egg (3590kJ) 19

LEAF BREKKIE V

Two poached eggs, grilled halloumi, hash browns, mushrooms, sautéed kale, smashed avo, roasted tomato 22 with toasted sourdough (3760kJ)

BIG BREAKFAST

Two eggs your way, grilled chorizo, bacon, hash browns, crushed avo, roasted mushrooms, roasted tomato 22 served with toasted sourdough (4440kJ)

BELGIAN WAFFLE V

Seasonal berries, açaí compote, vanilla ice cream, pistachio, whipped vanilla ricotta, Belgian chocolate sauce (3260kJ) 18 Add extra ice cream (+645kJ) +3

PANCAKE V

Seasonal berries, vanilla ice cream, mixed caramelized nuts, toasted coconut, whipped vanilla ricotta and genuine maple syrup (3980kJ) Add extra ice cream (+645kJ) +3 18

EXTRAS	
Poached Egg (345kJ) / Hash Brown (553kJ)	2
Roasted Tomato (86kJ)	3
Sautéed Kale (67kJ) / Mushrooms (160kJ) / Avocado (994kJ) / Chorizo (784kJ) / Grilled Bacon (1310kJ) / Grilled Halloumi (722k	4 J)
Smoked Salmon (561kJ)	5
Potato Chips (1192kJ)	5
Sweet Potato Chips (809kJ)	7

Please notify staff of any food allergies.



SALADS

ROASTED PUMPKIN SALAD V

Roasted pumpkin, pepita seeds, whipped Persian fetta, kale, avo, roasted Spanish onion, tomato, balsamic glaze (2300kJ) 17

Add avo (+994kJ) +4 Add chicken (+718kJ) +5

Add halloumi (+722kJ) +4 Add smoked salmon (+561kJ) +5

VEGAN BOWL V gf

Braised cauliflower, roasted mushrooms, harvest corn, roasted pumpkin, quinoa, edamame, tahini dressing (1370kJ) 18

BURGERS & SANDWICHES

CHEESE MELT

Served on rustic bread

Mushroom & Tomato * (1560kJ) 12

Ham & Pineapple (1920kJ) 13

Chicken & Avocado (2580kJ) 14

VEGETARIAN WRAP V

Grilled halloumi, spiced eggplant, lettuce, tomato, coriander, raisin, Spanish onion, aioli on a spinach wrap (2940kJ) 14

B.L.A.T. gfor

Bacon, lettuce, smashed avo, tomato, house sweet chilli mayo on sourdough (3070kJ)

GRILLED CHICKEN WRAP

Grilled chicken, hummus, avo, corn, onion, lettuce, cucumber, sweet chilli mayo, tomato in a spinach tortilla wrap (2830kJ) 14

CRISPY FRIED CHICKEN BURGER

Crispy fried chicken fillet, lettuce, coleslaw, kewpie mayo, Japanese BBQ sauce on a soft milk bun with chips (5090kJ) 18

BAD BOY BURGER

Wagyu beef patty, house tomato relish, grilled bacon, lettuce, tomato, tempura onion rings, melted cheddar cheese and aioli on a milk bun with chips (6090kJ)

18

MAINS

ALL THINGS GREEN gfor

Brown rice, poached egg, avocado, edamame, broccolini, broccoli, furikake, sautéed kale with kombu sauce (2430kJ) 18 Add grilled chicken (+718kJ) +5

CHICKEN SCHNITZEL

Panko crumbed chicken breast fillet, cabbage slaw, chips, and creamy mushroom sauce (3780kJ) 18

Make it parmigiana! (+280kJ) top with tomato ragu and mozzarella +3

SALMON RICE BOWL

Teriyaki marinated salmon, brown rice, edamame, avo, greens, kewpie mayo, furikake, chives (3850kJ) 22

KID'S MENU

Served with Kid's AJ (+480kj)

Kid's Brekkie

Scrambled egg, hash brown, with toast (1590kJ)

Kid's Chicken Nuggets

With chips, tomato sauce (2650kJ) 10

10

Please notify staff of any food allergies.

DRINKS



PLEASE ORDER AT THE COUNTER

BREW BAR

COLD DRIP COFFEE

A slow, four to six hour extracted coffee. Sweet, liquor like flavour with low acidity. Sold in a bottle. Served on ice. (2kj) 6

HARIO V60

Hario V60 pour over gives the barista complete control over brewing extraction. This produces a clean after taste with a well rounded flavour of our single origin coffee. (2kj)

ESPRESSO		FLAVOURED	
Ristretto (2 <i>kj</i>) Short Black (2 <i>kj</i>)	3.2	Chai Latte (910kj) Green Tea Latte (929kj	4.2)
Long Black (4 <i>kj</i>)	3.7	Babycino (133kj)	1.5
Macchiato (61kj) Piccolo (197kj) Flat White (451kj) Latte (541kj) Cappuccino (451kj)	3.7	upsize +0.7	

upsize +0.7

BELGIAN HOT CHOCOLATE / MOCHA

We use Belgian couverture chocolate, high-quality chocolate that contains a higher percentage of cocoa.

HOT CHOCOLATE	4.7	МОСНА	4.7
White	(979kj)	White	(937kj)
Milk	(1250kj)	Milk	(933kj)
Dark	(1080kj)	Dark	(924kj)
upsize +1.0		upsize +1.0	

Decaf (2kj) / Extra Shot (2kj)	0.5
Almond Milk (231kj) / Soy Milk (361kj)	0.7
FLAVOUR Caramel (270kj), Hazelnut (274kj),	
Vanilla (274kj), Mint (280kj)	0.7

ORGANIC LOOSE LEAF TEA

Temperature controlled, brewed to perfection. 4.5

GOOD MORNING

Our luxurious take on English Breakfast Tea (2kj)

EARL GREY BLUEFLOWER

Ceylon Orange Pekoe Black Tea infused with bergamot (2kj)

GENMAICHA (KYOTO JAPAN)

Brothy Kyoto Green Tea with toasted rice (2kj)

SILVER JASMINE (ZHEJIANG)

Silver tipped Green Tea, infused with jasmine blossoms (2kj)

DIGESTIF

Mint, lavender and fennel seeds to aid digestion (2kj)

HEAL

Lemongrass and ginger blend to restore minerals $(2k_i)$

WHITE PEONY (FUJIAN)

Lightly biscuity White Tea, high in antioxidants (2kj)

MASALA CHAI

Authentic Indian recipe of spices with an Assam Tea base (465kj)

COL) BEV	/ER/	AGE
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ICED ESPRESSO Iced Long Black (4) Iced Latte (1050kj) Iced Coffee (1450k	kj)		5.5 5.5 6.5
Salted Caramel Af	fogato (13)	70kj)	6
BLENDED Iced Coffee (1700k Iced Chai Latte (91 Iced Green Tea Lat	Okj)		7 7 7
ICED CHOCOLATE	7.5	ICED MOCHA	7.5
White Milk Dark	(3020kj) (2957kj) (2900kj)	White Milk Dark	(2110kj) (2100kj) (2080kj)
HANDCRAFTED New Zealand Gold Lychee (712kj) Cranberry & Lime (len Kiwi & N	Mint (860kj)	6.5 6.5 6.5
ORGANIC ICED TO BREAKFAST LEMO Ceylon Orange Pel with fresh lemon ju	ON MINT koe Tea	(611kj)	6
LEMONGRASS & G	INGER	n fresh lemon zest (4)	02kj) 6
EGYPTIAN ICE Liquid Turkish delig	ght (<i>439kj</i>)		6
COLD PRESSED ORANGE Straight		ice (600kj)	9
GREEN Apple, pear, spinach & kale (830kj)			9
RED Watermelon & strawberry (665kj)			
FRUITY SMOOT STRANANA Strawberry, banance		ney (1290kj)	7.5
PASSION TANGO Pineapple, passion		ına & mango (1330 <i>k</i>	j) 7.5
SUMMER SUNSET Pineapple, mango,		y & kiwi (1290 <i>kj</i>)	7.5
BLACK POTION of Activated charcoa cherry, blueberry &			8
AÇAÍ ^{df} Açaí, blueberry, blo	ackberry, b	panana (1420kj)	8.5
		40kj) / Salted Carar / or Banana (1290k ₎	

^{df} Dairy free

Add WHEY Protein (502kj)

Add Extra Ice Cream (645kj)

THE AVERAGE ADULT DAILY ENERGY INTAKE IS 8700 KJ

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