



MENU



STANHOPE

PLEASE ORDER AT THE COUNTER

BREAKFAST

TOAST WITH BUTTER AND CONDIMENTS

- Sourdough (856kJ) / Quinoa Soy Linseed (1419kJ) 6
- Gluten Free (856kJ) 7
- Fruit Loaf with Ricotta & Honey (2150kJ) 7
- served with strawberry jam (150kJ) / peanut butter (273kJ) / vegemite (35kJ) **add extra condiment +0.5**

TOASTIES

- Cheese & Tomato ^v(1830kJ) 7
- Ham & Cheese (2010kJ) 9
- Ham Cheese & Tomato (2060kJ) 10
- Chicken & Avo (3110kJ) 12

EGGS AS YOU LIKE

- Served on sourdough toast (see extras) 10
- Poached (1540kJ) / Scrambled (2000kJ) / Fried (2090kJ)

BREKKIE WRAP

- Bacon, scrambled eggs and hash brown, tomato relish, lettuce, hollandaise sauce in spinach wrap (3370kJ) 13
- Add cheese (+276kJ) +1 / avo (+994kJ) +2**

BREKKIE BURGER

- Bacon, fried egg, hash brown, lettuce, house tomato relish, tomato, aioli on a soft milk bun (3370kJ) 13
- Add cheese (+276kJ) +1 / avo (+994kJ) +2**

HOUSE BAKED GRANOLA BOWL ^v

- House baked granola, rose water poached strawberry, coconut chia pudding, deli style yogurt (2580kJ) 16

OMELETTE ^{gfor}

- Roasted mushrooms, braised tomato, tempura batter bits, mozzarella, and chives served with toasted bread (2250kJ) 16
- Add chicken (+718kJ) / ham (+453kJ) / smoked salmon (+561kJ) +4**

CRUSHED AVO DELIGHT ^v

- Crushed avo, tomato salsa, green balsamic, poached egg, whipped Persian fetta, chilli, chives, with toasted sourdough (2640kJ) 17

TRUFFLE MUSHROOM BRUSCHETTA ^{v gfor}

- Mushrooms, avocado, spring onion, chilli, eschalots, truffle, thyme and burrata on toasted sourdough (2630kJ) 19

GRILLED HALLOUMI BENNY ^{v gfor}

- Spiced eggplant, tomato, raisin, coriander, grilled halloumi, sautéed kale, Spanish onion, poached eggs, and hollandaise on a toasted English muffin 18
- Or, swap the halloumi for smoked salmon (+561kJ) ham (2920kJ) or bacon! (3210kJ)**

ZUCCHINI FRITTERS ^v

- Zucchini & fetta fritters, house tomato relish, tomato salsa, chives, whipped Persian fetta, poached egg, fine herbs (1450kJ) 18

BREAKFAST GNOCCHI

- House made potato gnocchi, roasted tomato, chorizo, chilli, shallots, parmesan snow, poached egg, crispy potato skins (3590kJ) 19
- Or, swap the chorizo for sous vide chicken! (+718kJ)**

OKONOMIYAKI BENEDICT

- Sous vide house marinated salmon, okonomiyaki, kewpie mayo, squid legs, poached egg, roe, hollandaise, soft herbs, corn salsa, katsuobushi (bonito flakes) (2720kJ) 22

LEAF BREKKIE ^v

- Two poached eggs, grilled halloumi, hash browns, mushrooms, sautéed kale, smashed avo, roasted tomato with toasted sourdough (3760kJ) 22

BIG BREAKFAST

- Two eggs your way, grilled chorizo, bacon, hash browns, crushed avo, roasted mushrooms, roasted tomato served with toasted sourdough (4440kJ) 22

EXTRAS

Poached Egg (345kJ) / Hash Brown (553kJ) / Roasted Tomato (86kJ)	3	Grilled Bacon (1310kJ) / Grilled Halloumi (722kJ) / Smoked Salmon (561kJ)	5
Sautéed Kale (67kJ) / Mushrooms (160kJ) / Avocado (994kJ) / Chorizo (784kJ)	4	Potato Chips (1192kJ)	5
		Sweet Potato Chips (809kJ)	7

Please notify staff of any food allergies.

The average adult daily energy intake is 8700kJ

^v vegetarian option ^{gf} gluten free ^{gfor} gluten free on request



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BURGERS & SANDWICHES

CHEESE MELT

Served on rustic bread

- Mushroom & Tomato ^v (1560kJ) 12
- Ham & Pineapple (1920kJ) 13
- Chicken & Avocado (2580kJ) 14

B.L.A.T. ^{gfor}

Bacon, lettuce, smashed avo, tomato, house sweet chilli mayo on sourdough (3070kJ) 14

VEGETARIAN WRAP ^v

Grilled halloumi, spiced eggplant, lettuce, tomato, coriander, raisin, Spanish onion, aioli on a spinach wrap (2940kJ) 14
Add chips (+1192kJ) +4

PERI PERI CHICKEN WRAP

Grilled marinated chicken breast, cucumber, corn, onion, lettuce, tomato, house peri peri sauce on a spinach tortilla 14

CHICKEN SCHNITZEL WRAP

Panko crumbed chicken breast fillet, lettuce, avo, tomato, English cheddar cheese, sweet chilli mayo on a spinach wrap with chips (3240kJ) 18

STEAK SANDWICH

Grain-fed scotch, tempura onion rings, baby wild rocket, house caramelised onion and mushroom relish, truffle mayo with chips 20

CRISPY FRIED CHICKEN BURGER

Crispy fried chicken fillet, lettuce, coleslaw, kewpie mayo, Japanese BBQ sauce on a soft milk bun with chips (5090kJ) 18

BAD BOY BURGER

Wagyu beef patty, house tomato relish, grilled bacon, lettuce, tomato, tempura onion rings, melted cheddar cheese and aioli on a milk bun with chips (6090kJ) 18

LUNCH

ROASTED PUMPKIN SALAD ^v

Roasted pumpkin, pepita seeds, whipped Persian fetta, rocket, avo, roasted Spanish onion, tomato, balsamic glaze (2300kJ) 17
Add avo (+994kJ) +4 Add chicken (+718kJ) +5
Add halloumi (+722kJ) +4 Add smoked salmon (+561kJ) +5

CHICKEN SCHNITZEL

Panko crumbed chicken breast fillet, cabbage slaw, chips, and creamy mushroom sauce (3780kJ) 18
Make it parmigiana! (+280kJ) top with tomato ragu and mozzarella +3

SWEET

BELGIAN WAFFLE ^v

Seasonal berries, açai compote, vanilla ice cream, pistachio, whipped vanilla ricotta, Belgian chocolate sauce (3260kJ) 18
Add extra ice cream (+645kJ) +3

BELGIAN CHOCOLATE & NUTELLA PANCAKE ^v

Banana, strawberry, whipped Nutella, vanilla ice cream, Belgian chocolate sauce 18

KID'S MENU

Served with Kid's AJ (+480kJ)

Kid's Ham & Cheese Toastie (1460kJ) 10

Kid's Brekkie
Scrambled egg, hash brown, with toast (1590kJ) 10

Kid's Chicken Nuggets
With chips, tomato sauce (2650kJ) 10

Kid's Pikelets
With seasonal fruits and ice cream (2160kJ) 13

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DRINKS



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BREW BAR

ESPRESSO

Ristretto (2kj)	3.3
Short Black (2kj)	
Long Black (4kj)	3.8
Macchiato (61kj)	3.8
Piccolo (197kj)	
Flat White (451kj)	
Latte (541kj)	
Cappuccino (451kj)	

upsized +0.7

FLAVOURED

Chai Latte (910kj)	4.3
Green Tea Latte (929kj)	
Babycino (133kj)	1.5

upsized +0.7

BELGIAN HOT CHOCOLATE / MOCHA

We use Belgian couverture chocolate, high-quality chocolate that contains a higher percentage of cocoa.

HOT CHOCOLATE	4.8	MOCHA	4.8
White (979kj)		White (937kj)	
Milk (1250kj)		Milk (933kj)	
Dark (1080kj)		Dark (924kj)	

upsized +1.0

upsized +1.0

Decaf (2kj) / Extra Shot (2kj)	0.5
Almond Milk (231kj) / Soy Milk (361kj)	0.7
FLAVOUR Caramel (270kj), Hazelnut (274kj), Vanilla (274kj), Mint (280kj)	0.7

ORGANIC LOOSE LEAF TEA

Temperature controlled, brewed to perfection. 4.5

GOOD MORNING

Our luxurious take on English Breakfast Tea (2kj)

EARL GREY BLUEFLOWER

Ceylon Orange Pekoe Black Tea infused with bergamot (2kj)

GENMAICHA (KYOTO JAPAN)

Brothy Kyoto Green Tea with toasted rice (2kj)

SILVER JASMINE (ZHEJIANG)

Silver tipped Green Tea, infused with jasmine blossoms (2kj)

DIGESTIF

Mint, lavender and fennel seeds to aid digestion (2kj)

HEAL

Lemongrass and ginger blend to restore minerals (2kj)

WHITE PEONY (FUJIAN)

Lightly biscuity White Tea, high in antioxidants (2kj)

MASALA CHAI

Authentic Indian recipe of spices with an Assam Tea base (465kj)

^{df} Dairy free

THE AVERAGE ADULT DAILY ENERGY INTAKE IS 8700 KJ

COLD BEVERAGE

ICED ESPRESSO

Iced Long Black (4kj)	5.5
Iced Latte (1050kj)	5.5
Iced Coffee (1450kj)	6.5
Salted Caramel Affogato (1370kj)	6

BLENDED

Iced Coffee (1700kj)	7
Iced Chai Latte (910kj)	7
Iced Green Tea Latte (908kj)	7

ICED CHOCOLATE	7.5	ICED MOCHA	7.5
White (3020kj)		White (2110kj)	
Milk (2957kj)		Milk (2100kj)	
Dark (2900kj)		Dark (2080kj)	

HANDCRAFTED SODA

New Zealand Golden Kiwi & Mint (860kj)	6.5
Lychee (712kj)	6.5
Cranberry & Lime (759kj)	6.5

ORGANIC ICED TEA

BREAKFAST LEMON MINT

Ceylon Orange Pekoe Tea with fresh lemon juice & mint (611kj) 6

LEMONGRASS & GINGER

Caffeine-free cold tisane with fresh lemon zest (402kj) 6

EGYPTIAN ICE

Liquid Turkish delight (439kj) 6

FRUITY SMOOTHIE

STRANANA 7.5

Strawberry, banana, milk & honey (1290kj)

PASSION TANGO ^{df}

Pineapple, passionfruit, banana & mango (1330kj) 7.5

SUMMER SUNSET ^{df}

Pineapple, mango, strawberry & kiwi (1290kj) 7.5

BLACK POTION ^{df}

Activated charcoal, blackcurrant, blackberry, cherry, blueberry & banana (1240kj) 8

AÇAÍ ^{df}

Açaí, blueberry, blackberry, banana (1420kj) 8.5

MILKSHAKE

Chocolate (1690) / Vanilla (1540kj) / Salted Caramel (1470kj) / Strawberry (1550kj) / or Banana (1290kj) 6

Add WHEY Protein (502kj)	2
Add Extra Ice Cream (645kj)	1