



# MENU



TOP RYDE

PLEASE ORDER AT THE COUNTER

## TOAST WITH BUTTER AND CONDIMENTS

- Sourdough (856kJ) / Quinoa Soy Linseed (1419kJ) 6
- Gluten Free (856kJ) 7
- Fruit Loaf with Ricotta & Honey (2150kJ) 7
- served with strawberry jam (150kJ) / peanut butter (273kJ) / vegemite (35kJ) **add extra condiment +0.5**

## TOASTIES

- Cheese & Tomato <sup>v</sup>(1830kJ) 7
- Ham & Cheese (2010kJ) 9
- Ham Cheese & Tomato (2060kJ) 10
- Chicken & Avo (3110kJ) 12

## EGGS AS YOU LIKE <sup>v gfor</sup> 10

- Served on sourdough toast (see extras)
- Poached (1540kJ) / Scrambled (2000kJ) / Fried (2090kJ)

## BREKKIE WRAP

- Bacon, scrambled eggs, hash brown, tomato relish, lettuce, hollandaise sauce in spinach wrap (3370kJ) 13
- Add cheese (+276kJ) +1 / avo (+994kJ) +2**

## HOUSE BAKED GRANOLA <sup>v</sup>

- House baked granola, rose water poached strawberry, coconut chia pudding, deli style yogurt (2580kJ) 16

## OMELETTE <sup>v gfor</sup>

- Roasted mushrooms, braised tomato, tempura batter bits, chives and mozzarella served with toasted bread (2250kJ) 17
- Add chicken (+718kJ) / ham (+453kJ) / smoked salmon (+561kJ) +4**

## CRUSHED AVO DELIGHT <sup>v gfor</sup>

- Crushed avo, tomato salsa, green balsamic, poached egg, whipped Persian fetta, chilli, chives with toasted sourdough (2640kJ) 18

## ZUCCHINI FRITTERS <sup>v</sup>

- Zucchini & fetta fritters, house tomato relish, tomato salsa, chives, whipped Persian fetta, poached egg, fine herbs (1450kJ) 18

## GRILLED HALLOUMI BENNY <sup>v gfor</sup>

- Spiced eggplant, tomato, raisin, coriander, grilled halloumi, sautéed kale, Spanish onion, poached eggs, and hollandaise on a toasted English muffin (2340kJ) 18
- Or, swap the halloumi for smoked salmon (+561kJ) / ham (2920kJ) or bacon! (3210kJ)**

## ALL THINGS GREEN <sup>gfor</sup>

- Brown rice, poached egg, asparagus, okra, broccolini, garlic, kale, eshallot, edamame, furikake, with kombu sauce (1670kJ) 18
- Add chicken (+718kJ) +4**

## TRUFFLE MUSHROOM BRUSCHETTA <sup>v gfor</sup>

- Mushrooms, avocado, spring onion, chilli, eschalots, truffle, thyme and burrata on toasted sourdough (2630kJ) 19

## BREAKFAST GNOCCHI

- House made potato gnocchi, roasted tomato, chorizo, chilli, shallots, parmesan snow, poached egg, crispy potato skins (3590kJ) 19
- Or, swap the chorizo for chicken (+718kJ)**

## BIG BREAKFAST

- Two eggs your way, chorizo, bacon, hash browns, crushed avo and roasted mushroom with toasted sourdough (4440kJ) 22

<sup>v</sup> vegetarian option <sup>gf</sup> gluten free <sup>gfor</sup> gluten free on request

The average adult daily energy intake is 8700kJ

## LEAF BREKKIE <sup>v</sup>

- Two poached eggs, grilled halloumi, hash browns, mushrooms, sautéed kale, smashed avo, roasted tomato with toasted sourdough (3760kJ) 22

## OKONOMIYAKI BENEDICT

- Sous vide house marinated salmon, okonomiyaki, kewpie mayo, squid legs, poached egg, roe, hollandaise, soft herbs, corn salsa, katsuobushi (bonito flakes) (2720kJ) 22

## ROASTED PUMPKIN SALAD <sup>v</sup>

- Roasted pumpkin, pepita seeds, whipped Persian fetta, tomato, avo, salad leaf, roasted Spanish onion, balsamic glaze (2300kJ) 17
- Add avo (+994kJ) +4 Add chicken (+718kJ) +5**
- Add halloumi (+722kJ) +5 Add smoked salmon (+561kJ) +5**

## B.L.A.T. <sup>gfor</sup>

- Bacon, lettuce, smashed avo, tomato, house sweet chilli mayo on sourdough (3070kJ) 14

## PERI PERI CHICKEN WRAP

- Grilled marinated chicken breast, cucumber, corn, onion, lettuce, tomato, house peri peri mayo on a spinach tortilla (2400kJ) 14

## VEGETARIAN WRAP <sup>v</sup>

- Grilled halloumi, spiced eggplant, lettuce, tomato, coriander, raisin, Spanish onion, aioli on a spinach wrap (2940kJ) 14

## CRISPY FRIED CHICKEN BURGER

- Crispy fried chicken fillet, lettuce, coleslaw, kewpie mayo, Japanese BBQ sauce on a soft milk bun with chips (5090kJ) 18

## GRILLED WAGYU BEEF CHEESEBURGER

- Wagyu beef patty, marinated bacon, lettuce, house relish, tomato, cheddar cheese, tempura onion ring, special burger sauce served on a milk bun with chips (6090kJ) 19

## SALMON RICE BOWL

- Teriyaki marinated salmon, brown rice, edamame, avo, greens, kewpie mayo, furikake, chives (3850kJ) 22

### KID'S MENU

Served with Kid's AJ (+480kJ)

- Kid's Ham & Cheese Toastie (1460kJ)** 10
- Kid's Brekkie**  
Scrambled egg, hash brown, with toast (1590kJ) 10
- Kid's Chicken Nuggets**  
With chips, tomato sauce (2650kJ) 10
- Kid's Pikelets**  
With seasonal fruits and ice cream (2160kJ) 10

### EXTRAS

- Poached Egg (345kJ) / Hash Brown (553kJ) / 3
- Grilled Chicken (718kJ) / Grilled Bacon (1310kJ) / Grilled Halloumi (722kJ) / Smoked Salmon (561kJ) 5
- Sautéed Kale (67kJ) / Mushrooms (160kJ) / Avocado (994kJ) / Chorizo (1310kJ) / Ham (453kJ) 4
- Potato Chips (1192kJ) 5
- Sweet Potato Chips (809kJ) 7

Please notify staff of any food allergies.  
10% surcharge on public holidays.

# DRINKS



PLEASE ORDER AT THE COUNTER

## BREW BAR

### COLD DRIP COFFEE

A slow, four to six hour extracted coffee. Sweet, liquor like flavour with low acidity. Sold in a bottle. Served on ice. (2kj) 6

### FILTER COFFEE

We batch brew to bring out the subtle nuances that you can only taste in a black coffee. (2kj) 5

### ESPRESSO

Ristretto (2kj) 3.3  
Short Black (2kj)  
Long Black (4kj) 3.8  
Macchiato (61kj) 3.8  
Piccolo (197kj)  
Flat White (451kj)  
Latte (541kj)  
Cappuccino (451kj)

### SPECIALTY

Chai Latte (910kj) 4.3  
Green Tea Latte (929kj)  
Turmeric Latte (1040kj)

### upsized +0.7

Babycino (133kj) 1.5

### upsized +0.7

### BELGIAN HOT CHOCOLATE / MOCHA

We use Belgian couverture chocolate, high-quality chocolate that contains a higher percentage of cocoa.

<b>HOT CHOCOLATE</b> 4.8	<b>MOCHA</b> 4.8
White (979kj)	White (937kj)
Milk (1250kj)	Milk (933kj)
Dark (1080kj)	Dark (924kj)

### upsized +1.0

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Decaf (2kj) / Extra Shot (2kj)	0.5
Almond Milk (231kj) / Soy Milk (361kj)	0.7
<b>FLAVOUR</b>   Caramel (270kj), Hazelnut (274kj), Vanilla (274kj), Mint (280kj)	0.7

### ORGANIC LOOSE LEAF TEA

Temperature controlled, brewed to perfection. 4.5

### GOOD MORNING

Our luxurious take on English Breakfast Tea (2kj)

### EARL GREY BLUEFLOWER

Ceylon Orange Pekoe Black Tea infused with bergamot (2kj)

### GENMAICHA (KYOTO JAPAN)

Brothy Kyoto Green Tea with toasted rice (2kj)

### SILVER JASMINE (ZHEJIANG)

Silver tipped Green Tea, infused with jasmine blossoms (2kj)

### DOUBLE MINT

Mint & spearmint, lavender and fennel seeds to aid digestion (2kj)

### LEMONGRASS GINGER

Lemongrass and ginger blend to restore minerals (2kj)

### CHAMOMILE LAVENDER

A floral bouquet with sweet honey notes that soothe (2kj)

### MASALA CHAI

Authentic Indian recipe of spices with an Assam Tea base (465kj)

## COLD BEVERAGE

### ICED ESPRESSO

Iced Long Black (4kj) 5.5  
Iced Latte (1050kj) 5.5  
Iced Coffee (1450kj) 6.5  
Salted Caramel Affogato (1370kj) 6

### BLENDED

Coffee (1700kj) 7  
Chai Latte (910kj) 7  
Green Tea Latte (908kj) 7

**BLENDED CHOCOLATE** 7.5      **BLENDED MOCHA** 7.5

White (3020kj)	White (2110kj)
Milk (2957kj)	Milk (2100kj)
Dark (2900kj)	Dark (2080kj)

### HANDCRAFTED SODA

New Zealand Golden Kiwi & Mint (860kj) 6.5  
Lychee (712kj) 6.5  
Cranberry & Lime (759kj) 6.5

### ORGANIC ICED TEA

#### BREAKFAST LEMON MINT

Ceylon Orange Pekoe Tea with fresh lemon juice & mint (611kj) 6

#### LEMONGRASS & GINGER

Caffeine-free cold tisane with fresh lemon zest (402kj) 6

#### EGYPTIAN ICE

Liquid Turkish delight (439kj) 6

### COLD PRESSED JUICE

**ORANGE** | Straight orange juice (600kj) 9  
**RED** | Watermelon & strawberry (665kj) 9

### FRUITY SMOOTHIE

**STRANANA** 7.5  
Strawberry, banana, milk & honey (1290kj)

#### PASSION TANGO <sup>df</sup>

Pineapple, passionfruit, banana & mango (1330kj) 7.5

#### SUMMER SUNSET <sup>df</sup>

Pineapple, mango, strawberry & kiwi (1290kj) 7.5

#### AÇAÍ <sup>df</sup>

Açaí, blueberry, blackberry, banana (1420kj) 8.5

### MILKSHAKE

Chocolate (1690) / Vanilla (1540kj) / Salted Caramel (1470kj) / Strawberry (1550kj) / or Banana (1290kj) 6

Add Extra Ice Cream (645kj)

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<sup>df</sup> Dairy free

THE AVERAGE ADULT DAILY ENERGY INTAKE IS 8700 KJ