



MENU

ROUSE HILL

PLEASE ORDER AT THE COUNTER

BRUNCH

TOAST WITH BUTTER AND CONDIMENTS

Sourdough (856kJ) / Quinoa Soy Linseed (1419kJ) 6
Gluten Free (856kJ) 7
Fruit Loaf with Ricotta & Honey (2150kJ) 7
served with strawberry jam (150kJ) / peanut butter (273kJ) / vegemite (35kJ) **add extra condiment +0.5**

EGGS AS YOU LIKE ^{v gfor} 10
Served on sourdough toast (see extras)
Poached (1540kJ) / Scrambled (2000kJ) / Fried (2090kJ)

BREKKIE WRAP
Bacon, scrambled eggs, hash brown, tomato relish, lettuce, hollandaise sauce in spinach wrap (3370kJ) 13
Add cheese (+276kJ) **+1** / **avo** (+994kJ) **+2**

BREKKIE BURGER ^{gfor}
Lettuce, tomato, grilled bacon, fried egg, hash browns, house tomato relish, aioli on a milk bun (3370kJ) 14
Add cheese (+276kJ) **+1** / **avo** (+994kJ) **+2**

CHICKEN & MUSHROOM TOASTIE
Grilled chicken breast, English cheddar cheese, chives, caramelized onion & mushroom relish, and truffle mayo on sourdough bread (3660kJ) 14

HOUSE BAKED GRANOLA ^v
House baked granola, rose water poached strawberry, coconut chia pudding, deli style yogurt (2580kJ) 16

OMELETTE ^{v gfor}
Roasted mushrooms, slow braised tomato, tempura bits, chives and mozzarella served with a side of toasted bread (2250kJ) 17
Add chicken (+718kJ) / **ham** (+453kJ) / **smoked salmon** (+561kJ) **+4**

CRUSHED AVO DELIGHT ^{v gfor}
Crushed avo, tomato salsa, green balsamic, poached egg, whipped Persian fetta, chilli, chives with toasted sourdough (2640kJ) 18

ZUCCHINI FRITTERS ^v
Zucchini & fetta fritters, house tomato relish, tomato salsa, chives, whipped Persian fetta, poached egg, fine herbs (1450kJ) 18

GRILLED HALLOUMI BENNY ^{v gfor}
Spiced eggplant, tomato, raisin, coriander, grilled halloumi, sautéed kale, Spanish onion, poached eggs, and hollandaise on a toasted English muffin 18
Or, swap the halloumi for smoked salmon (+561kJ) **ham** (2920kJ) **or bacon!** (3210kJ)

VEGAN SAVORY PANCAKE ^{v gfor}
Sesame pancake, slow braised cauliflower, potato, pumpkin falafel, crispy chick peas, mint coconut yogurt, pomegranate, dill, spring onion (3070kJ) 18

PULLED PORK OMELETTE
6 hour slow braised pork, five beans, mozzarella cheese, tempura onion(head office),spices, tomato salsa served with toasted sourdough (2750kJ) 18

TRUFFLE MUSHROOM BRUSCHETTA ^{v gfor}
Mushrooms, avocado, spring onion, chilli, eschalots, truffle, thyme and poached egg on toasted sourdough (1620kJ) 19

BREAKFAST GNOCCHI
House made potato gnocchi, roasted tomato, chorizo, chilli, shallots, parmesan snow, poached egg, crispy potato skins (3590kJ) 19
Or, swap the chorizo for chicken! (+718kJ)

OKONOMIYAKI BENEDICT
Sous vide house marinated salmon, okonomiyaki, kewpie mayo, squid legs, poached egg, roe, hollandaise, soft herbs, corn salsa, katsuobushi (bonito flakes) (2720kJ) 22

LEAF BREKKIE ^v
Two poached eggs, grilled halloumi, hash browns, mushrooms, sautéed kale, smashed avo, roasted tomato with toasted sourdough (3760kJ) 22

BIG BREAKFAST
Two eggs your way, chorizo, bacon, hash browns, crushed avo and roasted mushroom with toasted sourdough (4440kJ) 22

SWEET CORN FRITTERS
Tempura sweet corn fritters, house tomato relish, chilli, tomato & avo salsa, poached egg, whipped Persian fetta, Asian herb salad (1780kJ) 18

EXTRAS			
Poached Egg (345kJ) / Hash Brown (553kJ) /	3	Grilled Chicken (718kJ) / Grilled Bacon (1310kJ) / Grilled Halloumi (722kJ) / Smoked Salmon (561kJ)	5
Sautéed Kale (67kJ) / Mushrooms (160kJ) / Avocado (994kJ) / Chorizo (1310kJ) / Ham (453kJ)	4	Potato Chips (1192kJ)	5
		Sweet Potato Chips (809kJ)	7

Please notify staff of any food allergies.
10% surcharge on public holidays.

^v vegetarian option ^{gf} gluten free ^{gfor} gluten free on request

The average adult daily energy intake is 8700kJ



MENU



ROUSE HILL

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SALADS

ROASTED PUMPKIN SALAD ^v

Roasted pumpkin, pepita seeds, whipped Persian fetta, tomato, avo, salad leaf, roasted Spanish onion, balsamic glaze (2300kJ) 17
Add avo (+994kJ) +4 Add chicken (+718kJ) +5
Add halloumi (+722kJ) +5 Add smoked salmon (+561kJ) +5

GRILLED CHICKEN SALAD ^{gf}

Grilled chicken breast, green apple, onion, quinoa, avocado, soft boiled egg, carrots, shredded green coral lettuce, parmesan snow, cranberry, honey mustard dressing (1990kJ) 19

BURGERS & SANDWICHES

B.L.A.T. ^{gfor}

Bacon, lettuce, smashed avo, tomato, house sweet chilli mayoon sourdough (3070kJ) 14

PERI PERI CHICKEN WRAP

Grilled marinated chicken breast, cucumber, corn, onion, lettuce, tomato, house peri peri mayo on a spinach tortilla (2400kJ) 14

CHEESE MELT

Served on rustic bread
Mushroom & Tomato ^v (1560kJ) 12
Ham & Pineapple (1920kJ) 13
Chicken & Avocado (2580kJ) 14

CRISPY FRIED CHICKEN BURGER

Crispy fried chicken fillet, lettuce, coleslaw, kewpie mayo, Japanese BBQ sauce on a soft milk bun with chips (5090kJ) 18

GRILLED WAGYU BEEF CHEESEBURGER

Wagyu beef patty, marinated bacon, lettuce, house relish, tomato, cheddar cheese, tempura onion ring, special burger sauce served on a milk bun with chips (6090kJ) 19

VEGAN BURGER

Panko crumbed roasted pumpkin & chickpea patty, cucumber salsa, coconut yogurt mustard sauce, house tomato relish on a toasted whole wheat bun, served with chips (6280kJ) 19

VEGETARIAN WRAP ^v

Grilled halloumi, spiced eggplant, lettuce, tomato, coriander, raisin, Spanish onion, aioli on a spinach wrap (2940kJ) 14
Add chips (+1192kJ) +4

CHICKEN SCHNITZEL WRAP

Panko crumbed chicken breast fillet, lettuce, avo, tomato, English cheddar cheese, sweet chilli mayo on a spinach wrap (3240kJ) 14
Add chips (+1192kJ) +4

MAINS

FISH & CHIPS

Crispy battered flathead fillets, chips and tartare sauce (3330kJ) 18

ALL THINGS GREEN ^{gfor}

Brown rice, poached egg, avocado, edamame, broccolini, broccoli, furikake, sautéed kale with kombu sauce (2430kJ) 18
Add grilled chicken (+718kJ) +5

SALMON RICE BOWL

Teriyaki marinated salmon, brown rice, edamame, avo, greens, kewpie mayo, furikake, chives (3850kJ) 22

SPECIAL CHICKEN FRIED RICE

Brown rice, marinated chicken, seasonal veggies, shallots, chili, furikake, kewpie mayo, house special sauce (2770kJ) 20

CHICKEN SCHNITZEL

Panko crumbed chicken breast fillet, cabbage slaw, chips, and creamy mushroom sauce (3780kJ) 18
Make it parmigiana! (+280kJ) top with tomato ragu and mozzarella +3

SWEET

BELGIAN WAFFLE ^v

Seasonal berries, açai compote, vanilla ice cream, pistachio, whipped vanilla ricotta, Belgian chocolate sauce (3260kJ) 18
Add extra ice cream (+645kJ) +3

FRENCH TOAST ^v

Espresso, whipped matcha ricotta, black sesame maple, salted pistachios, seasonal berries (3180kJ) 18
Add extra ice cream (+645kJ) +3

BELGIAN CHOCOLATE & NUTELLA PANCAKE ^v

Banana, strawberry, whipped Nutella, vanilla ice cream, Belgian chocolate sauce (3870kJ) 18

KID'S MENU

Served with Kid's AJ (+480kJ)

Kid's Brekkie

Scrambled egg, hash brown, with toast (1590kJ) 10

Kid's Chicken Nuggets

With chips, tomato sauce (2650kJ) 10

Kid's Fish & Chips (2200kJ)

10

Kid's Cheeseburger

With wagyu beef, cheese, BBQ sauce, chips (3960kJ) 14

Kid's Pikelets

With seasonal fruits and ice cream (2160kJ) 10

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DRINKS



PLEASE ORDER AT THE COUNTER

BREW BAR

COLD DRIP COFFEE

A slow, four to six hour extracted coffee. Sweet, liquor like flavour with low acidity. Sold in a bottle. Served on ice. (2kj) 6

ESPRESSO

Ristretto (2kj) 3.4
Short Black (2kj)
Long Black (4kj) 3.9
Macchiato (61kj) 3.9
Piccolo (197kj)
Flat White (451kj)
Latte (541kj)
Cappuccino (451kj)

SPECIALTY

Chai Latte (910kj) 4.4
Green Tea Latte (929kj)
Taro Latte (1470kj)
Red Velvet Latte (1530kj)
Turmeric Latte (1040kj)
upsized +0.7
Babycino (133kj) 1.5

upsized +0.7

BELGIAN HOT CHOCOLATE / MOCHA

We use Belgian couverture chocolate, high-quality chocolate that contains a higher percentage of cocoa.

HOT CHOCOLATE	4.9	MOCHA	4.9
White (979kj)		White (937kj)	
Milk (1250kj)		Milk (933kj)	
Dark (1080kj)		Dark (924kj)	

upsized +1.0

upsized +1.0

Decaf (2kj) / Extra Shot (2kj)	0.5
Almond Milk (231kj) / Soy Milk (361kj)	0.7
FLAVOUR Caramel (270kj), Hazelnut (274kj), Vanilla (274kj), Mint (280kj)	0.7

ORGANIC LOOSE LEAF TEA

Temperature controlled, brewed to perfection. 4.5

GOOD MORNING

Our luxurious take on English Breakfast Tea (2kj)

EARL GREY BLUEFLOWER

Ceylon Orange Pekoe Black Tea infused with bergamot (2kj)

GENMAICHA (KYOTO JAPAN)

Brothy Kyoto Green Tea with toasted rice (2kj)

SILVER JASMINE (ZHEJIANG)

Silver tipped Green Tea, infused with jasmine blossoms (2kj)

DOUBLE MINT

Mint & spearmint, lavender and fennel seeds to aid digestion (2kj)

LEMONGRASS GINGER

Lemongrass and ginger blend to restore minerals (2kj)

CHAMOMILE LAVENDER

A floral bouquet with sweet honey notes that soothe (2kj)

MASALA CHAI

Authentic Indian recipe of spices with an Assam Tea base (465kj)

COLD BEVERAGE

ICED ESPRESSO

Iced Long Black (4kj) 5.5
Iced Latte (1050kj) 5.5
Iced Coffee (1450kj) 6.5
Salted Caramel Affogato (1370kj) 6

BLENDED

Coffee (1700kj) 7
Chai Latte (910kj) 7
Green Tea Latte (908kj) 7

BLENDED CHOCOLATE	7.5	BLENDED MOCHA	7.5
White (3020kj)		White (2110kj)	
Milk (2957kj)		Milk (2100kj)	
Dark (2900kj)		Dark (2080kj)	

HANDCRAFTED SODA

New Zealand Golden Kiwi & Mint (860kj) 6.5
Lychee (712kj) 6.5
Cranberry & Lime (759kj) 6.5

ORGANIC ICED TEA

BREAKFAST LEMON MINT

Ceylon Orange Pekoe Tea with fresh lemon juice & mint (611kj) 6

LEMONGRASS & GINGER

Caffeine-free cold tisane with fresh lemon zest (402kj) 6

EGYPTIAN ICE

Liquid Turkish delight (439kj) 6

COLD PRESSED JUICE

ORANGE | Straight orange juice (600kj) 9
GREEN | Apple, pear, spinach & kale (830kj) 9
RED | Watermelon & strawberry (665kj) 9

FRUITY SMOOTHIE

STRANANA 7.5
Strawberry, banana, milk & honey (1290kj)

PASSION TANGO ^{df}

Pineapple, passionfruit, banana & mango (1330kj) 7.5

SUMMER SUNSET ^{df}

Pineapple, mango, strawberry & kiwi (1290kj) 7.5

AÇAÍ ^{df}

Açaí, blueberry, blackberry, banana (1420kj) 8.5

MILKSHAKE

Chocolate (1690) / Vanilla (1540kj) / Salted Caramel (1470kj) / Strawberry (1550kj) / or Banana (1290kj) 6

Add WHEY Protein (502kj)	2
Add Extra Ice Cream (645kj)	1

^{df} Dairy free

THE AVERAGE ADULT DAILY ENERGY INTAKE IS 8700 KJ