



MENU



TOP RYDE

PLEASE ORDER AT THE COUNTER

TOAST WITH BUTTER AND CONDIMENTS

Sourdough (856kJ) / Quinoa Soy Linseed (1419kJ) 6
Gluten Free (856kJ) 7
served with strawberry jam (150kJ) / peanut butter (273kJ)
/ vegemite (35kJ) **add extra condiment +0.5**

EGGS AS YOU LIKE ^{v gfor} 10
Served on sourdough toast (see extras)
Poached (1540kJ) / Scrambled (2000kJ) / Fried (2090kJ)

B.L.A.T. ^{gfor} 14
Bacon, lettuce, smashed avo, tomato, house sweet chilli
mayo on sourdough (1678kJ)
Add chips (+1192kJ) +4

BREKKIE WRAP 16
Bacon, scrambled eggs, hash brown, tomato relish,
lettuce, hollandaise sauce in spinach wrap (3370kJ)
Add cheese (+276kJ) +1 / avo (+994kJ) +2

CRUSHED AVO & TOMATO DELIGHT ^{v gfor} 18
Crushed avo, cherry tomato salsa, green balsamic glaze,
poached egg, whipped Persian fetta, yuzu gel, pickled
eschalots, chives with toasted sourdough (2230kJ)

MUSHROOM & ZUCCHINI OMELETTE ^{v gfor} 18
Shiitake mushroom, king brown mushroom, zucchini, garlic,
eschalot, chive, miso, mozzarella, shiitake XO, fine herb
salad served on a toasted sourdough (2660kJ)

ZUCCHINI FRITTERS ^v 18
Tempura zucchini fritter, tomato & avocado salsa, tomato relish,
tzatziki, poached egg, fine herb & radish salad (1230kJ)

GRILLED HALLOUMI BENNY ^{v gfor} 19
Spiced eggplant, tomato, raisin, coriander, grilled halloumi,
sautéed kale, Spanish onion, poached eggs, and hollandaise
on a toasted homemade crumpet (2340kJ)
**Or, swap the halloumi for smoked salmon (+561kJ) / ham (2920kJ)
or bacon! (3210kJ) w**

BREAKFAST GNOCCHI 20
House made potato gnocchi, roasted tomato, chorizo, chilli, shallots,
parmesan snow, poached egg, crispy potato skins (3590kJ)
Or, swap the chorizo for chicken (+718kJ)

BIG BREAKFAST 24
Two eggs your way, chorizo, bacon, hash browns, crushed avo
and roasted mushroom with toasted sourdough (4440kJ)

LEAF BREKKIE ^v 24
Two poached eggs, grilled halloumi, hash browns, mushrooms,
sautéed kale, smashed avo, roasted tomato with toasted
sourdough (3760kJ)

OKONOMIYAKI BENEDICT 24
Sous vide marinated salmon, okonomiyaki pancake,
tempura octopus legs, poached egg, roe, corn salsa,
hollandaise, katsuobushi (bonito flakes) (2660kJ)

GRILLED CHICKEN SALAD ^{gf} 21
Grilled chicken breast, green apple, onion, quinoa, avocado,
soft boiled egg, carrots, shredded green coral lettuce,
parmesan snow, honey mustard dressing (1990kJ)

GRILLED CHICKEN & MUSHROOM TOASTIE 15
Grilled chicken breast, English cheddar cheese, chives,
caramelized onion & mushroom relish, and truffle mayo
on sourdough bread (3660kJ)

VEGETARIAN WRAP ^v 16
Grilled halloumi, spiced eggplant, lettuce, tomato, coriander,
raisin, Spanish onion, aioli on a spinach wrap (2940kJ)
Add chips (+1192kJ) +4

CHICKEN FAJITA WRAP 15
Grilled marinated chicken, mixed peppers, onion, avocado,
lettuce, tomato, melted mozzarella cheese, peri peri mayo,
on a spinach wrap (1940kJ)
Add chips (+1192kJ) +4

GRILLED WAGYU BEEF BURGER 20
Wagyu beef patty, house tomato relish, lettuce, tomato,
melted cheddar cheese, sour pickles, tempura onion ring
, special burger sauce served on a milk bun with chips
(6280kJ)

LEAF BURGER ^{Vegan} 22
Grilled HARVEST GOURMET® Plant-based patty,
caramelized onion & mushroom relish, lettuce, tomato,
jalapeno guacamole, plant based smokey chipotle mayo
served on a whole wheat bun with chips (3690 kJ)

ALL THINGS GREEN ^{gfor} 21
Brown rice, poached egg, asparagus, okra, broccolini, garlic, kale,
eschalot, edamame, furikake, with kombu sauce (1670kJ)
Add chicken (+718kJ) +4

SALMON RICE BOWL 25
Teriyaki marinated salmon, brown rice, edamame, avo,
greens, kewpie mayo, furikake, chives (3850kJ)

ROASTED PORK BELLY & DUCK RICE BOWL 25
Roasted pork belly, smoked duck breast, broccolini, zucchini,
garlic, eschalots, chilli, brown rice, fried egg (2610kJ)

BERRY & BANANA FRENCH TOAST ^v 21
Whipped Nutella, berry coulis, meringue, seasonal berries,
banana, toasted pistachio (3220 kJ)
Add extra ice cream (+645kJ) +3

KID'S MENU	
<i>Served with Kid's AJ (+480kj)</i>	
Kid's Ham & Cheese Toastie (1460kJ)	10
Kid's Brekkie Scrambled egg, hash brown, with toast (1590kJ)	10
Kid's Chicken Nuggets With chips, tomato sauce (2650kJ)	10

EXTRAS			
Poached Egg (345kJ) / Hash Brown (553kJ) /	3	Grilled Chicken (718kJ) / Grilled Bacon (1310kJ) / Grilled Halloumi (722kJ) / Smoked Salmon (561kJ)	5
Sautéed Kale (67kJ) / Mushrooms (160kJ) / Avocado (994kJ) / Chorizo (1310kJ) / Ham (453kJ)	4	Potato Chips (1192kJ) / Sweet Potato Chips (809kJ)	5 7

^v vegetarian option ^{gf} gluten free ^{gfor} gluten free on request
The average adult daily energy intake is 8700kJ

Please notify staff of any food allergies.
10% surcharge on public holidays.

DRINKS



PLEASE ORDER AT THE COUNTER

BREW BAR

COLD DRIP COFFEE

A slow, four to six hour extracted coffee. Sweet, liquor like flavour with low acidity. Sold in a bottle. Served on ice. (2kj) 6.5

FILTER COFFEE

We batch brew to bring out the subtle nuances that you can only taste in a black coffee. (2kj) 5

ESPRESSO

Ristretto (2kj) 3.5
Short Black (2kj)
Long Black (4kj) 4
Macchiato (61kj) 4
Piccolo (197kj)
Flat White (451kj)
Latte (541kj)
Cappuccino (451kj)

SPECIALTY

Chai Latte (910kj) 4.5
Green Tea Latte (929kj)
Turmeric Latte (1040kj)

upsized +0.8

Babycino (133kj) 1.5

upsized +0.8

BELGIAN HOT CHOCOLATE / MOCHA

We use Belgian couverture chocolate, high-quality chocolate that contains a higher percentage of cocoa.

HOT CHOCOLATE 5	MOCHA 5
White (979kj)	White (937kj)
Milk (1250kj)	Milk (933kj)
Dark (1080kj)	Dark (924kj)

upsized +1.0

upsized +1.0

Decaf (2kj) / Extra Shot (2kj)	+0.6
Almond Milk (231kj) / Soy Milk (361kj)	+0.7
FLAVOUR Caramel (270kj), Hazelnut (274kj), Vanilla (274kj), Mint (280kj)	+0.7

ORGANIC LOOSE LEAF TEA

Temperature controlled, brewed to perfection. 4.7

GOOD MORNING

Our luxurious take on English Breakfast Tea (2kj)

EARL GREY BLUEFLOWER

Ceylon Orange Pekoe Black Tea infused with bergamot (2kj)

GENMAICHA (KYOTO JAPAN)

Brothy Kyoto Green Tea with toasted rice (2kj)

SILVER JASMINE (ZHEJIANG)

Silver tipped Green Tea, infused with jasmine blossoms (2kj)

DOUBLE MINT

Mint & spearmint, lavender and fennel seeds to aid digestion (2kj)

LEMONGRASS GINGER

Lemongrass and ginger blend to restore minerals (2kj)

CHAMOMILE LAVENDER

A floral bouquet with sweet honey notes that soothe (2kj)

MASALA CHAI

Authentic Indian recipe of spices with an Assam Tea base (465kj)

COLD BEVERAGE

ICED ESPRESSO

Iced Long Black (4kj) 6
Iced Latte (1050kj) 6
Iced Coffee (1450kj) 7
Salted Caramel Affogato (1370kj) 6.6

BLENDED

Coffee (1700kj) 7.6
Chai Latte (910kj) 7.6
Green Tea Latte (908kj) 7.6

BLENDED CHOCOLATE 8	BLENDED MOCHA 8
White (3020kj)	White (2110kj)
Milk (2957kj)	Milk (2100kj)
Dark (2900kj)	Dark (2080kj)

HANDCRAFTED SODA

New Zealand Golden Kiwi & Mint (860kj) 6.5
Lychee (712kj) 6.5
Cranberry & Lime (759kj) 6.5

ORGANIC ICED TEA

BREAKFAST LEMON MINT

Ceylon Orange Pekoe Tea with fresh lemon juice & mint (611kj) 6.5

LEMONGRASS & GINGER.

Caffeine-free cold tisane with fresh lemon zest (402kj) 6.5

EGYPTIAN ICE

Liquid Turkish delight (439kj) 6.5

COLD PRESSED JUICE

ORANGE | Straight orange juice (600kj) 9
RED | Watermelon & strawberry (665kj) 9

FRUITY SMOOTHIE

STRANANA 8
Strawberry, banana, milk & honey (1290kj)

PASSION TANGO ^{df}

Pineapple, passionfruit, banana & mango (1330kj) 8

SUMMER SUNSET ^{df}

Pineapple, mango, strawberry & kiwi (1290kj) 8

AÇAÍ ^{df}

Açaí, blueberry, blackberry, banana (1420kj) 8.5

MILKSHAKE

Chocolate (1690) / Vanilla (1540kj) / Salted Caramel (1470kj) / Strawberry (1550kj) / or Banana (1290kj) 6

make it a Thickshake (1290kj) +2

^{df} Dairy free

THE AVERAGE ADULT DAILY ENERGY INTAKE IS 8700 KJ