

### **BRUNCH**

### TOAST WITH BUTTER AND CONDIMENTS

Sourdough (856kJ) / Quinoa Soy Linseed (1419kJ)	6
Gluten Free (856kJ)	7
Fruit Loaf with Ricotta & Honey (2150kJ)	7
served with strawberry jam (150kJ) / peanut butter (273kJ) / vegemite (35kJ) <b>add extra condiment +0.5</b>	

### TOASTIES

Served on sourdough	
Ham & Cheese (2010kJ)	10
Ham Cheese & Tomato (2060kJ)	11

### EGGS AS YOU LIKE V gfor

Served on sourdough toast (see extras)	
Poached (1540kJ) / Scrambled (2000kJ) / Fried (2090kJ	1)

### **BREKKIE WRAP**

Bacon, scrambled eggs, hash brown, tomato relish, lettuce, hollandaise sauce in spinach wrap (3370kJ) Add cheese (+276kJ) +1 / avo (+994kJ) +2

### **BREKKIE BURGER**

Bacon, fried egg, hash brown, lettuce, house tomato relish, tomato, aioli on a soft milk bun (3370kJ) Add cheese (+276kJ) +1 / avo (+994kJ) +2

### **GRILLED CHICKEN & MUSHROOM TOASTIE** 15

Grilled chicken breast, English cheddar cheese, chives, caramelized onion & mushroom relish, and truffle mayo on sourdough bread (3660kJ)

### MUSHROOM & ZUCCHINI OMELETTE V gfor 18

Shiitake mushroom, king brown mushroom, zucchini, garlic, eschalot, chive, miso, mozzarella, shiitake XO, fine herb salad served on a toasted sourdough (2660kJ)

### CRUSHED AVO & TOMATO DELIGHT V gfor 18

Crushed avo, cherry tomato salsa, green balsamic glaze, poached egg, whipped Persian fetta, yuzu gel, pickled eschalots, chives with toasted sourdough (2230kJ)

### ZUCCHINI FRITTERS V

Tempura zucchini fritter, tomato & avocado salsa, tomato relish, tzatziki, poached egg, fine herb & radish salad (1230kJ)

### GRILLED HALLOUMI BENNY V gfor

19

Spiced eggplant, tomato, raisin, coriander, grilled halloumi, sautéed kale, Spanish onion, poached eggs, and hollandaise on a toasted homemade crumpet (2340kJ) **Or, swap the halloumi for smoked salmon** (+561kJ) **/ ham** (2920kJ) **or bacon!** (3210kJ)

### TRUFFLE MUSHROOM BRUSCHETTA V gfor 19

Mushrooms, avocado, spring onion, chilli, eschalots, truffle, thyme and fired egg on toasted sourdough (1620kJ)

### ALL THINGS GREEN gfor

11

14

14

18

Brown rice, poached egg, asparagus, okra, broccolini, garlic, kale, eschalot, edamame, furikake, with kombu sauce *(1670kJ)* Add chicken (*+718kJ*) **+4** 

### **BREAKFAST GNOCCHI**

20

20

House made potato gnocchi, roasted tomato, chorizo, chilli, shallots, parmesan snow, poached egg, crispy potato skins (*3590kJ*)

**Or, swap the chorizo for chicken!** (+718kJ)

### **OKONOMIYAKI BENEDICT**

Sous vide marinated salmon, okonomiyaki pancake, tempura octopus legs, poached egg, roe, corn salsa, hollandaise, katsuobushi (bonito flakes) *(2660kJ)* 

### LEAF BREKKIE V

23

24

Two poached eggs, grilled halloumi, hash browns, mushrooms, sautéed kale, smashed avo, roasted tomato with toasted sourdough (*3760kJ*)

### **BIG BREAKFAST**

24

Two eggs your way, chorizo, bacon, hash browns, crushed avo and roasted mushroom with toasted sourdough (4440kJ)

EXTRAS			
Poached Egg (345kJ) / Hash Brown (553kJ) / Roasted Tomato (86kJ)	3	Grilled Chicken (718kJ) / Grilled Bacon (1310kJ) / Grilled Halloumi (722kJ) / Smoked Salmon (561kJ)	5
Sautéed Kale (67kJ) / Mushrooms (160kJ) /	4	Ham (453kJ)	
Avocado (994kJ) / Chorizo (1310kJ) /		Potato Chips ( <i>1192kJ</i> ) with aioli	6
Extra Aioli sauce	0.5	Sweet Potato Chips (809kJ) with aioli	7

Please notify staff of any food allergies. 10% surcharge on public holidays. To maintain the integrity of the dish, **no changes** to the dish are permitted. Chicken dishes are Halal-friendly.

The average adult daily energy intake is 8700kJ



### **BURGERS** & **SANDWICHES**

B.L.A.T. gfor

14

15

15

15

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22

Bacon, lettuce, smashed avo, tomato, house sweet chilli mayo on sourdough (1678kJ) Add chips (+1192kJ) +4

### PERI PERI CHICKEN WRAP

Grilled marinated chicken breast, cucumber, corn, onion, lettuce, tomato, house peri peri mayo on a spinach tortilla (2400kJ) Add chips (+1192kJ) +4

### CHICKEN FAJITA WRAP

Grilled marinated chicken, mixed peppers, onion, avocado, lettuce, tomato, melted mozzarella cheese, peri peri mayo on a spinach wrap (1940kJ) Add chips (+1192kJ) +4

### CHICKEN SCHNITZEL WRAP

Panko crumbed chicken breast fillet, lettuce, avo, tomato, English cheddar cheese, sweet chilli mayo on a spinach wrap (3240kJ)Add chips (+1192kJ) +4

### **CRISPY FRIED CHICKEN BURGER**

Crispy fried chicken fillet, lettuce, coleslaw, kewpie mayo, Japanese BBQ sauce on a soft milk bun with chips (5090kJ)

### **GRILLED WAGYU BEEF CHEESEBURGER**

Wagyu beef patty, house tomato relish, lettuce, tomato, melted cheddar cheese, sour pickles, tempura onion ring, special burger sauce served on a milk bun with chips (6280kJ)

### LEAF BURGER Vegan

Grilled HARVEST GOURMET ® Plant-based patty, caramelized onion & mushroom relish, lettuce, tomato, jalapeno guacamole, plant based smokey chipotle mayo served on a whole wheat bun with chips (3690 kJ)

# **SALADS**

### ROASTED PUMPKIN SALAD V

19

Roasted pumpkin, pepita seeds, whipped Persian fetta, tomato, avo, salad leaf, roasted Spanish onion, balsamic glaze (2300kJ)

<b>Add avo</b> (+994kJ)	+4	Add chicken (+718kJ)	+5
Add halloumi (+722kJ)	+5	Add smoked salmon (+561kJ)	+5

### ROASTED CAULIFLOWER VEGAN BOWL V gf 19

Braised cauliflower, roasted mushrooms, harvest corn, roasted pumpkin, quinoa, edamame, tahini dressing (1370kJ)

### 🎬 | MACARTHUR SQUARE

### PLEASE ORDER AT THE COUNTER

### **GRILLED CHICKEN SALAD** 9f

21

Grilled chicken breast, green apple, onion, quinoa, avocado, soft boiled egg, carrots, shredded green coral lettuce, parmesan snow, honey mustard dressing (1990kJ)

## MAINS

### CHICKEN SCHNITZEL

21

20

25

Panko crumbed chicken breast fillet, cabbage slaw, chips, and creamy mushroom sauce (3780kJ)

### **FISH & CHIPS**

Crispy battered flathead fillets, chips and tartar sauce (3330kJ)

### SALMON RICE BOWL

Teriyaki marinated salmon, brown rice, edamame, avo, greens, kewpie mayo, furikake, chives (3850kJ)

### MUSHROOM RISOTTO V

24

27

19

Shitake mushroom, king brown mushroom, porcini mushroom, miso, eschalots, chives, garlic, parmesan snow, truffle butter (2550kJ) Add chicken (+718kJ) +4

### **PRAWN SPAGHETTI**

Pan-seared prawns, eschalots, chilli, roasted cherry tomatoes, garlic, chives, shellfish bisque, squid ink spaghetti (2060kJ)

# SWEET

### BERRIES & NUTS PANCAKE V

Seasonal berries, vanilla ice cream, mixed caramelized nuts, toasted coconut, whipped vanilla ricotta and genuine maple syrup (3980kJ) Add extra ice cream (+645kJ) +3

### **BELGIAN WAFFLE** V

19 Seasonal berries, açaí compote, vanilla ice cream, pistachio, whipped vanilla ricotta, Belgian chocolate sauce (3260kJ) Add extra ice cream (+645kJ) +3

<b>KID'S MENU</b> Served with Kid's AJ (+480kj)	
<b>Kid's Brekkie</b> Scrambled egg, hash brown, with toast ( <i>1590kJ</i> )	10
<b>Kid's Chicken Nuggets</b> With chips, tomato sauce (2650kJ)	10
Kid's Fish & Chips (2200kJ)	10

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# DRINKS

### **BREW BAR**

### **COLD DRIP COFFEE**

A slow, four to six hour extracted coffee. Sweet, liquor like flavour with low acidity. Sold in a bottle. Served on ice. (2kj) 6.5

### HARIO V60

Hario V60 pour over gives the barista complete control over brewing extraction. This produces a clean after taste with a well rounded flavour of our single origin coffee.  $(2k_j)$  6.5

ESPRESSO		SPECIALTY	
Ristretto ( <i>2kj</i> )	3.5	Chai Latte (910kj)	4.5
Short Black ( <i>2kj</i> )		Green Tea Latte (929kj)	
Long Black (4 <i>kj</i> )	4	Taro Latte (1470kj)	
5		Red Velvet Latte (1530k)	i)
Macchiato (61kj)	4	Turmeric Latte (1040kj)	
Piccolo (197kj) Flat White (451kj)		upsize +0.8	
Latte (541kj)		Babycino ( <i>133kj</i> )	1.5
Cappuccino (451kj)			

#### upsize +0.8

### **BELGIAN HOT CHOCOLATE / MOCHA**

We use Belgian couverture chocolate, high-quality chocolate that contains a higher percentage of cocoa.

HOT CHOCOLATE	5	MOCHA	5
White Milk Dark	(979kj) (1250kj) (1080kj)	White Milk Dark	(937kj) (933kj) (924kj)
upsize +1.0		upsize +1.0	

Decaf (2kj) / Extra Shot (2kj)	+0.6
Almond Milk (231kj) / Soy Milk (361kj)	+0.7
<b>FLAVOUR</b>   Caramel (270kj), Hazelnut (274kj), Vanilla (274kj), Mint (280kj)	+0.7

### **ORGANIC LOOSE LEAF TEA**

Temperature controlled, brewed to perfection. 4.7

#### GOOD MORNING

Our luxurious take on English Breakfast Tea (2kj)

### EARL GREY BLUEFLOWER

Ceylon Orange Pekoe Black Tea infused with bergamot (2kj)

#### GENMAICHA (KYOTO JAPAN)

Brothy Kyoto Green Tea with toasted rice (2kj)

### SILVER JASMINE (ZHEJIANG)

Silver tipped Green Tea, infused with jasmine blossoms (2kj)

#### DOUBLE MINT

Mint & spearmint, lavender and fennel seeds to aid digestion (*2kj*)

### LEMONGRASS GINGER

Lemongrass and ginger blend to restore minerals (2kj)

### CHAMOMILE LAVENDER

A floral bouquet with sweet honey notes that soothe (2kj)

#### MASALA CHAI

Authentic Indian recipe of spices with an Assam Tea base (465kj)

### **COLD BEVERAGE**

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ICED ESPRESS			,	
Iced Long Black Iced Latte (1050)			6 6	
Iced Coffee (145			7	
Salted Caramel		'Okj)	6.5	
BLENDED				
Coffee (1700kj)			7.5	
Chai Latte (910k	(j)		7.5	
Green Tea Latte	(908kj)		7.5	
BLENDED CHOCO	DLATE 8	<b>BLENDED MOCHA</b>	8	
White	(3020kj)	White	(2110kj)	
Milk	(2957kj)	Milk	(2100kj)	
Dark	(2900kj)	Dark	(2080kj)	
HANDCRAFTI New Zealand Go		lint (860ki)	6.5	
Lychee (712kj)		1111 (800KJ)	6.5	
Cranberry & Lim	ne (759kj)		6.5	
ORGANIC ICE				
BREAKFAST LEN Ceylon Orange I				
with fresh lemon		511ki)	6.5	
LEMONGRASS 8			0.0	
		fresh lemon zest (40	2ki) 6.5	
EGYPTIAN ICE			1.	
Liquid Turkish delight (439kj)				
COLD PRESSE	DJUICE			
ORANGE   Straig	ght orange jui	ce (600kj)	9	
<b>GREEN</b>   Apple, pear, spinach & kale ( <i>830kj</i> )			9	
<b>RED</b>   Watermelon & strawberry (665 <i>kj</i> )				
<b>RED</b>   Watermelon & strawberry (665 <i>kj</i> ) 9				
FRUITY SMOO	OTHIE			
STRANANA			8	
Strawberry, band	ana, milk & hon	ey (1290kj)		
PASSION TANG				
Pineapple, passi	ionfruit, banaı	na & mango (1330 kj)	) 8	
SUMMER SUNS				
Pineapple, mang	go, strawberry	/ & kiwi (1290 <i>kj</i> )	8	
AÇAÍ <sup>df</sup>				
Açaí, blueberry,	blackberry, b	anana (1420kj)	8.5	
MILKSHAKE Chocolate (1690) / Vanilla (1540kj) / Salted Caramel 6				
		/ or Banana (1290kj)		
		. ,,		
WHEY Protei	n (502ki)		+2	
	CKSHAKE (12	90ki)	+2	
			-	

<sup>df</sup> Dairy free

THE AVERAGE ADULT DAILY ENERGY INTAKE IS 8700 KJ