



MENU



| SHELL COVE

PLEASE ORDER AT THE COUNTER

BRUNCH

TOAST WITH BUTTER AND CONDIMENTS

Sourdough (856kJ)	7
Gluten Free (856kJ)	7
Fruit Loaf with Ricotta & Honey (2150kJ)	8

Served with strawberry jam (150kJ) / peanut butter (273kJ) / Vegemite (35kJ) **Add extra condiment +0.5**

EGGS AS YOU LIKE ^V ^{GFOR} 13

Served on sourdough toast (see extras)
Poached (1540kJ) / Scrambled (2000kJ) / Fried (2090kJ)

BREKKIE BURGER 16

Bacon, fried egg, hash brown, lettuce, homemade tomato relish, tomato and aioli on a soft milk bun (2790kJ)

Swap bacon to grilled halloumi cheese upon request (2740kJ)

Add cheese (+276kJ) +1 / avocado (+994kJ) +2

BREKKIE WRAP 17

Bacon, scrambled eggs, hash brown, tomato relish, lettuce and hollandaise sauce in a spinach wrap (3370kJ)

Swap bacon to grilled halloumi cheese upon request (2440kJ)

Add cheese (+276kJ) +1 / avocado (+994kJ) +2

ULTIMATE BREAKFAST BURRITO 18

Salami, grilled chorizo, lettuce, egg salad, red onion, homemade spicy mayo, pickle, avocado, melted cheddar cheese, spinach tortilla (3500kJ)

GRANOLA YOGURT BOWL ^V 18

Poached strawberries and rhubarb, homemade baked granola, Greek yogurt, berries, rose petals (2600kJ)

CRUSHED AVOCADO ON TOAST ^V 20

Slow roasted cherry tomato, parsley, whipped Persian fetta, homemade chilli oil, pickled eschalots, poached eggs, toasted sourdough (2330kJ)

ROASTED CAULIFLOWER & TOMATO CHEESE OMELETTE ^V 22

Slow roasted cherry tomato, spiced cauliflower, potato, parsley, mozzarella cheese, toasted focaccia (1950kJ)

GRILLED HALLOUMI BENNY ^V ^{GFOR} 22

Spiced eggplant, tomato, raisin, coriander, grilled halloumi, sautéed kale, Spanish onion, poached eggs, and hollandaise on a toasted homemade crumpet (2340kJ)

Swap the halloumi for smoked salmon (2050kJ), ham (2610kJ) or bacon (3690kJ) upon request

CHILLI SCRAMBLED EGGS ON TOAST ^V 22

Slow braised eggplant relish, chilli oil, pan roasted tomato, parsley, grilled halloumi, toasted coconut, soft herbs, toasted focaccia (2140kJ)

MUSHROOM SCRAMBLED EGGS ON CRUMPET ^V 22

Chilli jam, sautéed king trumpet mushroom, asparagus, whipped Persian fetta, and shiitake mushroom XO on a toasted homemade crumpet (2210kJ)

TURKISH EGGS 21

Grilled chorizo, slow roasted cherry tomato, poached eggs, lemon & dill labneh, Aleppo butter, toasted focaccia (3530kJ)

ZUCCHINI FRITTERS ^V 21

Tempura zucchini fritters, cucumber & avocado salsa, romesco, sour cream, poached egg (1510kJ)

MIXED BERRY & BELGIAN CHOCOLATE FRENCH TOAST ^V 22

Seasonal berries, strawberry & rhubarb compote, vanilla mascarpone, belgian chocolate, ice cream, rose petals (5390kJ)

BELGIAN WAFFLE ^V 22

Seasonal berries, caramelised nuts, strawberry & rhubarb compote, whipped vanilla mascarpone, vanilla ice cream, Belgian chocolate sauce (3990kJ)

Add extra ice cream (+645kJ) +3

SMOKED SALMON BENNY ON OKONOMIROSTI 24

Japanese style rosti, smoked salmon, poached eggs, avocado, roe, corn salsa, hollandaise, fine herbs (2430kJ)

Swap the salmon for ham (2630kJ) or bacon (2900kJ) upon request

BREAKFAST GNOCCHI 25

Homemade potato gnocchi, roasted tomato, chorizo, chilli, parsley, parmesan snow, poached egg, crispy potato skins (3590kJ)

Swap the chorizo for chicken (2790kJ)

BIG BREAKFAST 26

Two eggs your way, chorizo, bacon, hash browns, crushed avo and roasted mushrooms with toasted sourdough (4440kJ)

LEAF BREKKIE ^V 26

Two poached eggs, grilled halloumi, hash browns, mushrooms, sautéed kale, smashed avocado and roasted tomato with toasted sourdough (3760kJ)

KID'S MENU

Kid's Brekkie

Scrambled egg, hash brown and toast (1590kJ) 12

Kid's Chicken Nuggets

With chips and tomato sauce (2650kJ) 12

Kid's Fish & Chips

Battered flathead, chips and tomato sauce (2200kJ) 16

Kid's Waffle

With ice cream, chocolate sauce, strawberries (2780kJ) 12

EXTRAS

Aioli Sauce (414kJ)	1	Grilled Chicken (718kJ) /	6
Hollandaise Sauce (414kJ) /	3	Grilled Bacon (1310kJ) /	
Poached Egg (345kJ) /		Chorizo (1310kJ) /	
Hash Brown (553kJ)		Grilled Halloumi (722kJ) /	
		Smoked Salmon (561kJ)	
Sautéed Kale (67kJ) /	4	Potato Chips (1192kJ)	8
Mushrooms (160kJ) /			
Avocado (994kJ) /		Sweet Potato Chips (809kJ)	10
Ham (453kJ)			

^Vvegetarian ^{GF}gluten free ^{GFOR}gluten free on request • The average adult daily energy intake is 8700kJ

Please notify staff of food allergies • Sorry, we can't remove or swap ingredients • 15% public holiday surcharge • Halal Chicken



MENU



| SHELL COVE

PLEASE ORDER AT THE COUNTER

BURGERS, SANDWICHES & MORE

TOASTIES

- Cheese & Tomato ^V (1830kJ) 10
- Ham & Cheese (2010kJ) 11
- Ham Cheese & Tomato (2060kJ) 13
- Grilled Chicken, Cheese & Avocado (3110kJ) 16

CHEESE MELTS

- Mushroom & Tomato ^V (1560kJ) 14
- Ham & Pineapple (1920kJ) 15
- Chicken & Avocado (2580kJ) 16

GRILLED CHICKEN & MUSHROOM TOASTIE 18

Grilled chicken breast, English cheddar cheese, chives, truffle mayo, and caramelized onion & mushroom relish on toasted focaccia (3510kJ)

B.L.A.T. ^{GFOR} 18

Bacon, lettuce, smashed avocado, tomato and homemade sweet chilli mayo on toasted focaccia (2720kJ)

Add chips (+1192kJ) +4

FAJITA CHICKEN & SALAD WRAP 18

Marinated fajita chicken, grilled peppers, onion, avocado, tomato salsa, baby cos, mozzarella cheese, and homemade spicy mayo (mild) in a spinach wrap (2410kJ)

Add chips (+1192kJ) +4

CHICKEN SCHNITZEL WRAP 18

Panko crumbed chicken breast fillet, English cheddar cheese, lettuce, avocado, tomato, and sweet chilli mayo on a spinach wrap (3240kJ)

Add chips (+1192kJ) +4

MEDITERRANEAN VEGGIE SANDWICH ^V 18

Roasted pumpkin, cherry tomato, red onion, grilled halloumi, lemon & dill labneh, romesco, toasted focaccia (3070kJ)

KOREAN STYLE FRIED CHICKEN SANDWICH 24

Crispy fried chicken, Asian Coleslaw, leafy greens, Japanese mayo, Gangjeong (sweet spicy) sauce, toasted focaccia with chips (4630kJ)

GRILLED DOUBLE CHEESEBURGER 25

Grilled beef patties, homemade bacon jam, lettuce, tomato, melted cheese, pickle and special burger sauce served on a milk bun with chips (5830kJ)

SALADS

ROASTED CAULIFLOWER VEGAN BOWL ^{V GF} 22

Braised cauliflower, roasted mushrooms, harvest corn, quinoa, roasted pumpkin, edamame, tahini dressing (1370kJ)

Add avocado (+994kJ) +4 Add halloumi (+722kJ) +6

Add chicken (+718kJ) +6 Add smoked salmon (+561kJ) +6

GRILLED CHICKEN SALAD ^{GF} 22

Grilled chicken breast, green apple, onion, quinoa, cucumber, avocado, soft boiled egg, carrots, leafy greens, parmesan snow, honey mustard dressing (1960kJ)

MAINS

ALL THINGS GREEN ^{GFOR} 24

Brown rice, poached egg, asparagus, broccolini, garlic, kale, eschalots, edamame, furikake, kombu sauce (1690kJ)

Add chicken (+718kJ) +6

FISH & CHIPS 22

Crispy battered flathead fillets, chips and tartar sauce (3330kJ)

PORK KATSU SOBA NOODLE BOWL 28

Panko crumbed pork loin, kewpie mayo, soba noodles, avocado, carrot, chives, cucumber, chilli, edamame, roasted sesame, Japanese style dressing (3850kJ)

KID'S MENU

Kid's Brekkie

Scrambled egg, hash brown and toast (1590kJ) 12

Kid's Chicken Nuggets

With chips and tomato sauce (2650kJ) 12

Kid's Fish & Chips

Battered flathead, chips and tomato sauce (2200kJ) 16

Kid's Waffle

With ice cream, chocolate sauce, strawberries (2780kJ) 12

EXTRAS

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| Hollandaise Sauce (414kJ) / | 3 | Grilled Bacon (1310kJ) / | |
| Poached Egg (345kJ) / | | Chorizo (1310kJ) / | |
| Hash Brown (553kJ) | | Grilled Halloumi (722kJ) / | |
| | | Smoked Salmon (561kJ) | |
| Sautéed Kale (67kJ) / | 4 | Potato Chips (1192kJ) | 8 |
| Mushrooms (160kJ) / | | Sweet Potato Chips (809kJ) | 10 |
| Avocado (994kJ) / | | | |
| Ham (453kJ) | | | |

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DRINKS



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BREW BAR

COLD DRIP COFFEE

A slow, four to six hour extracted coffee. Sweet, liquor like flavour with low acidity. Sold in a bottle. Served on ice. (2kj) 7

HARIO V60

Hario V60 pour over gives the barista complete control over brewing extraction. This produces a clean after taste with a well rounded flavour of our single origin coffee. (2kj) 7

ESPRESSO

Ristretto (2kj) 4
Short Black (2kj)
Long Black (4kj) 4.5
Macchiato (61kj) 4.5
Piccolo (197kj)
Flat White (451kj)
Latte (541kj)
Cappuccino (451kj)

upsized +0.8

SPECIALTY

Chai Latte (910kj) 5
Green Tea Latte (929kj)
Taro Latte (1470kj)
Red Velvet Latte (1530kj)
upsized +0.8
Babycino (133kj) 2

BELGIAN HOT CHOCOLATE / MOCHA

We use Belgian couverture chocolate, high-quality chocolate that contains a higher percentage of cocoa.

HOT CHOCOLATE 5.5	MOCHA 5.5
White (979kj)	White (937kj)
Milk (1250kj)	Milk (933kj)
Dark (1080kj)	Dark (924kj)

upsized +1.0

upsized +1.0

Decaf (2kj) / Extra Shot (2kj)	+0.6
Almond Milk (231kj) / Soy Milk (361kj)	+0.8
FLAVOUR Caramel (270kj), Hazelnut (274kj), Vanilla (274kj), Mint (280kj)	+0.8

ORGANIC LOOSE LEAF TEA

Temperature controlled, brewed to perfection. 5.3

GOOD MORNING

Our luxurious take on English Breakfast Tea (2kj)

EARL GREY BLUEFLOWER

Ceylon Orange Pekoe Black Tea infused with bergamot (2kj)

GENMAICHA (KYOTO JAPAN)

Brothy Kyoto Green Tea with toasted rice (2kj)

SILVER JASMINE (ZHEJIANG)

Silver tipped Green Tea, infused with jasmine blossoms (2kj)

DOUBLE MINT

Mint & spearmint, lavender and fennel seeds to aid digestion (2kj)

LEMONGRASS GINGER

Lemongrass and ginger blend to restore minerals (2kj)

CHAMOMILE LAVENDER

A floral bouquet with sweet honey notes that soothe (2kj)

MASALA CHAI

Authentic Indian recipe of spices with an Assam Tea base (465kj)

COLD BEVERAGE

ICED ESPRESSO

Iced Long Black (4kj) 6.5
Iced Latte (1050kj) 6.5
Iced Coffee (1450kj) 7.5
Salted Caramel Affogato (1370kj) 7

BLENDED

Coffee (1700kj) 8
Chai Latte (910kj) 8.5
Green Tea Latte (908kj) 8.5

BLENDED CHOCOLATE 9	BLENDED MOCHA 9
White (3020kj)	White (2110kj)
Milk (2957kj)	Milk (2100kj)
Dark (2900kj)	Dark (2080kj)

HANDCRAFTED SODA

New Zealand Golden Kiwi & Mint (860kj) 7
Lychee (712kj) 7
Cranberry & Lime (759kj) 7

ORGANIC ICED TEA

BREAKFAST LEMON MINT 7.5
Ceylon Orange Pekoe Tea with fresh lemon juice & mint (611kj)

LEMONGRASS & GINGER 7.5
Caffeine-free cold tisane with fresh lemon zest (402kj)

EGYPTIAN ICE 7.5
Liquid Turkish delight (439kj)

COLD PRESSED JUICE

ORANGE | Straight orange juice (600kj) 10
GREEN | Apple, pear, spinach & kale (830kj) 10

FRUITY SMOOTHIE

AÇAÍ ^{df}
Açaí, blueberry, blackberry, banana (1420kj) 9

PASSION TANGO ^{df}
Pineapple, passionfruit, banana & mango (1330kj) 9

SUMMER SUNSET ^{df}
Pineapple, mango, strawberry & kiwi (1290kj) 9

MILKSHAKE

Chocolate (1690kj) 7
Vanilla (1540kj) 7
Salted Caramel (1470kj) 7
Strawberry (1550kj) 7
Banana (1290kj) 7

WHEY Protein (502kj)	+2.5
Make it a THICKSHAKE (1290kj)	+2.5

The average adult daily energy intake is 8700 kj | ^{df} Dairy free