



MENU



| SHELL COVE

PLEASE ORDER AT THE COUNTER

BRUNCH

EGGS AS YOU LIKE ^V ^{GFOR}

Served on sourdough toast (see extras) **14**
Poached (1540kJ) / Scrambled (2000kJ) / Fried (2090kJ)

BREKKIE BURGER **16**

Bacon, fried egg, hash brown, lettuce, homemade tomato relish, tomato and aioli on a soft milk bun (2790kJ)

Swap bacon to grilled halloumi cheese upon request (2740kJ)

Add cheese (+276kJ) +1 / avocado (+994kJ) +2

BREKKIE WRAP **17**

Bacon, scrambled eggs, hash brown, tomato relish, lettuce and hollandaise sauce in a spinach wrap (3370kJ)

Swap bacon to grilled halloumi cheese upon request (2440kJ)

Add cheese (+276kJ) +1 / avocado (+994kJ) +2

GRANOLA YOGURT BOWL ^V **18**

Poached strawberries and rhubarb, homemade baked granola, Greek yogurt, berries, rose petals (2600kJ)

ULTIMATE BREAKFAST WRAP **19**

Grilled chorizo, scrambled eggs, hash brown, lettuce, tomato salsa, homemade spicy mayo, pickle, mozzarella cheese, wrapped in a spinach tortilla (2460kJ)

CRUSHED AVOCADO ON TOAST ^V **22**

Slow roasted cherry tomato, parsley, whipped Persian fetta, homemade chilli oil, pickled eschalots, poached eggs, toasted sourdough (2330kJ)

TURKISH EGGS **22**

Grilled chorizo, slow roasted cherry tomato, poached eggs, lemon & dill labneh, Aleppo butter, toasted focaccia (3530kJ)

CORN FRITTERS ^V **22**

Tempura corn fritters, cucumber & avocado salsa, tomato relish, poached eggs (1620kJ)

MUSHROOM SCRAMBLED EGGS ON CRUMPET ^V **22**

Chilli jam, Sauteed king trumpet mushroom, asparagus, whipped Persian fetta, and shiitake mushroom XO, toasted homemade crumpet (2210kJ)

CHILLI SCRAMBLED EGGS ON CRUMPET ^V **22**

Slow braised eggplant relish, chilli oil, pan roasted tomato, parsley, grilled halloumi, toasted coconut, soft herbs, toasted crumpet (2140kJ)

EGGS BENEDICT **24**

Poached eggs, crushed avo, sauteed spinach, hollandaise, toasted homemade crumpet, fine herbs

Choice of Salmon (2610kJ) / Bacon (2810kJ) / Halloumi ^V (3230kJ)

GRILLED HALLOUMI BREAKFAST BOWL ^V **24**

Grilled halloumi, roasted pumpkin, tomato salsa, crispy chickpeas, soft boiled egg, avocado, roasted sesame dressing, hummus, toasted sourdough (4300kJ)

BREAKFAST GNOCCHI **25**

Homemade potato gnocchi, roasted tomato, chorizo, chilli, parsley, parmesan snow, poached egg (2810kJ)

Swap the chorizo for chicken (2530kJ)

BIG BREAKFAST **26**

Two eggs your way, chorizo, bacon, hash browns, crushed avo and roasted mushrooms with toasted sourdough (4440kJ)

LEAF BREKKIE ^V **26**

Two poached eggs, grilled halloumi, hash browns, mushrooms, Sauteed spinach, crushed avocado and roasted tomato with toasted sourdough (3530kJ)

EXTRAS

Aioli Sauce (414kJ) / Chili Oil (287kJ)	1	Grilled Bacon (1310kJ) / Chorizo (1310kJ) / Grilled Halloumi (722kJ)	6
Hollandaise Sauce (414kJ) / Hash Brown (553kJ)	3	Grilled Chicken (718kJ) / Smoked Salmon (561kJ) / Scrambled Eggs (734kJ)	7
Poached Egg (345kJ)	3.5	Potato Chips (1192kJ)	8
Sauteed Spinach (251kJ) / Mushrooms (160kJ) / Avocado (994kJ) / Ham (453kJ)	4	Sweet Potato Chips (809kJ)	10

KID'S MENU

available for 12 and under.

Kid's Brekkie

Scrambled egg, hash brown and toast (1590kJ) **12**

Kid's Chicken Nuggets

With chips and tomato sauce (2650kJ) **12**

Kid's Fish & Chips

Battered flathead, chips and tomato sauce (2200kJ) **16**

Kid's Waffle

With ice cream, chocolate sauce, strawberries (2780kJ) **12**

^Vvegetarian ^{GF}gluten free ^{GFOR}gluten free on request • The average adult daily energy intake is 8700kJ
Please notify staff of food allergies • Sorry, we can't remove or swap ingredients • 15% public holiday surcharge • Halal Chicken



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BURGERS, SANDWICHES, & MORE

TOASTIES

Cheese & Tomato [✓] (1830kJ)	10
Ham & Cheese (2010kJ)	11
Ham Cheese & Tomato (2060kJ)	13
Grilled Chicken, Cheese & Avocado (3110kJ)	16

CHEESE MELTS

Mushroom & Tomato [✓] (1560kJ)	14
Ham & Pineapple (1920kJ)	15
Chicken & Avocado (2580kJ)	16

MEDITERRANEAN GRILLED CHEESE TOASTIE [✓] 18

Roasted pumpkin, tomato salsa, melted cheddar cheese, corn, aioli, caramelised onion & mushroom relish, served on toasted focaccia (3270kJ)

GRILLED CHICKEN & MUSHROOM TOASTIE 19

Grilled chicken breast, English cheddar cheese, chives, truffle mayo, and caramelized onion & mushroom relish on toasted focaccia (3510kJ)

B.L.A.T. ^{GFOR} 18

Bacon, lettuce, crushed avocado, tomato and homemade sweet chilli mayo, served on toasted focaccia (3530kJ)

Swap bacon with halloumi [✓] (3440kJ)

GRILLED HALLOUMI WRAP [✓] 19

Roasted pumpkin, avocado, crispy chickpeas, raisins, tomato salsa, eggplant, coriander, grilled halloumi, shredded lettuce, aioli in a spinach wrap (2100kJ)

Add chips (+715kJ) +4

FAJITA CHICKEN & SALAD WRAP 19

Marinated fajita chicken, grilled peppers, onion, avocado, tomato salsa, baby cos, mozzarella cheese, and homemade spicy mayo (mild) in a spinach wrap (2410kJ)

Add chips (+715kJ) +4

CHICKEN SCHNITZEL WRAP 19

Panko crumbed chicken breast fillet, English cheddar cheese, lettuce, avocado, tomato, and sweet chilli mayo in a spinach wrap (3240kJ)

Add chips (+715kJ) +4

KOREAN FRIED CHICKEN SANDWICH 24

Crispy fried chicken, shredded lettuce, avocado, aioli, pickle, Gangjeong (sweet spicy) sauce, served on toasted focaccia, with a side of chips (4510kJ)

VEGETARIAN BURGER [✓] 23

Grilled halloumi cheese, tempura corn fritter, lettuce, tomato, caramelized onion & mushroom relish, aioli, served on a toasted milk bun with a side of chips (4530kJ)

FISH & CHIPS 22

Crispy battered flathead fillets, chips, house salad, lemon and tartar sauce (3330kJ)

BELGIAN WAFFLE [✓] 20

Seasonal berries, caramelised nuts, strawberry & rhubarb compote, whipped vanilla mascarpone, vanilla ice cream, Belgian chocolate sauce (3990kJ)

Add extra ice cream (+645kJ) +3

SALADS

ROASTED CAULIFLOWER VEGAN BOWL [✓] 22

Braised cauliflower, roasted mushrooms, harvest corn roasted pumpkin, edamame, cous cous, roasted sesame dressing (1460kJ)

Add avocado (+994kJ) +4 / Halloumi (+722kJ) +6 /

Add chicken (+718kJ) +7 / Add smoked salmon (+561kJ) +7

GRILLED CHICKEN SALAD 24

Grilled chicken breast, green apple, onion, cous cous, cucumber, avocado, soft boiled egg, carrots, leafy greens, parmesan snow, honey mustard dressing (1960kJ)



LET'S BE FRIENDS

find us on socials

@leafcafeco

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DRINKS



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BREW BAR

COLD DRIP COFFEE

A slow, four to six hour extracted coffee. Sweet, liquor like flavour with low acidity. Sold in a bottle. Served on ice. (2kj) 7.5

HARIO V60

Hario V60 pour over gives the barista complete control over brewing extraction. This produces a clean after taste with a well rounded flavour of our single origin coffee. (2kj) 7

ESPRESSO

Ristretto (2kj) 4.3
Short Black (2kj)
Long Black (4kj) 4.8
Macchiato (61kj) 4.8
Piccolo (197kj)
Flat White (451kj)
Latte (541kj)
Cappuccino (451kj)

SPECIALTY

Chai Latte (910kj) 5
Green Tea Latte (929kj)
Taro Latte (1470kj)
Red Velvet Latte (1530kj)

upsized +0.8

Babycino (133kj) 2

upsized +0.8

BELGIAN HOT CHOCOLATE / MOCHA

We use Belgian couverture chocolate, high-quality chocolate that contains a higher percentage of cocoa.

HOT CHOCOLATE 6.1	MOCHA 6.1
White (979kj)	White (937kj)
Milk (1250kj)	Milk (933kj)
Dark (1080kj)	Dark (924kj)

upsized +1.5

upsized +1.5

Decaf (2kj) / Extra Shot (2kj)	+0.6
Almond Milk (231kj) / Soy Milk (361kj)	+0.8
FLAVOUR Caramel (270kj), Hazelnut (274kj), Vanilla (274kj), Mint (280kj)	+0.8

ORGANIC LOOSE LEAF TEA

Temperature controlled, brewed to perfection. 5.2

GOOD MORNING

Our luxurious take on English Breakfast Tea (2kj)

EARL GREY BLUEFLOWER

Ceylon Orange Pekoe Black Tea infused with bergamot (2kj)

GENMAICHA (KYOTO JAPAN)

Brothy Kyoto Green Tea with toasted rice (2kj)

SILVER JASMINE (ZHEJIANG)

Silver tipped Green Tea, infused with jasmine blossoms (2kj)

DOUBLE MINT

Mint & spearmint, lavender and fennel seeds to aid digestion (2kj)

LEMONGRASS GINGER

Lemongrass and ginger blend to restore minerals (2kj)

CHAMOMILE LAVENDER

A floral bouquet with sweet honey notes that soothe (2kj)

MASALA CHAI

Authentic Indian recipe of spices with an Assam Tea base (465kj)

CHILLED BAR

ICED ESPRESSO

Iced Long Black (4kj)	6.6
Iced Latte (1050kj)	6.6
Iced Coffee (1450kj)	7.6
Affogato (729kj)	7

BLENDED

Coffee (1700kj)	8.8
Chai Latte (910kj)	8.8
Green Tea Latte (908kj)	8.8

BLENDED CHOCOLATE 10	BLENDED MOCHA 10
White (3020kj)	White (2110kj)
Milk (2957kj)	Milk (2100kj)
Dark (2900kj)	Dark (2080kj)

HANDCRAFTED SODA

New Zealand Golden Kiwi & Mint (860kj)	7
Lychee (712kj)	7
Cranberry & Lime (759kj)	7

KOMBUCHA & ORGANIC ICED TEA (350ml)

RUBY KOMBUCHA	7
Grapefruit and hibiscus (105kj)	

ZEST KOMBUCHA	7
Lemon and chrysanthemum (105kj)	

SUNNY MORNING	6.5
Ceylon Orange Pekoe Tea with fresh lemon juice & mint (428kj)	

HIBISCUS DAWN	6.5
Liquid Turkish delight (307kj)	

COLD PRESSED JUICE (350ml)

STRAIGHT OJ Freshly pressed orange juice (420kj)	8
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CLEAN & GREEN Apple, pear, spinach & kale (581kj)	8
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FRUITY SMOOTHIE

AÇAÍ ^{df}	
Açaí, blueberry, blackberry, banana (1420kj)	9

PASSION TANGO ^{df}	
Pineapple, passionfruit, banana & mango (1330 kj)	9

SUMMER SUNSET ^{df}	
Pineapple, mango, strawberry & kiwi (1290kj)	9

WATERMELON CRUSH ^{df}	9
Watermelon (589kj)	

STRANANA	9
Strawberry, banana, milk & honey (1290kj)	

MILKSHAKE

Chocolate (1690kj)	7
Vanilla (1540kj)	7
Salted Caramel (1470kj)	7
Strawberry (1550kj)	7
Banana (1290kj)	7

WHEY Protein (502kj)	+2.5
Make it a THICKSHAKE (1290kj)	+2.5

The average adult daily energy intake is 8700 kj | ^{df} Dairy free