

BRUNCH

TOAST WITH BUTTER AND CONDIMENTS

Sourdough (856kJ)	8
Soy Linseed (1419kJ)	8
Gluten Free (856kJ)	9
Fruit Loaf with Honey (2010kJ)	9

Served with strawberry jam (150kJ) / peanut butter (273kJ) / Vegemite (35kJ) / **Add extra condiment +1**

EGGS AS YOU LIKE ^v ^{GF} ^{FOR} 15

Served on sourdough toast (see extras)
Poached (1540kJ) / Scrambled (2000kJ) / Fried (2090kJ)

BREKKIE BURGER 18

Bacon, fried egg, hash brown, lettuce, homemade tomato relish, tomato and aioli on a soft milk bun (2790kJ)

Swap bacon to grilled halloumi cheese upon request (2740kJ)

Add cheese (+276kJ) +1 / Add avocado (+994kJ) +2 /

Wrap option available

ULTIMATE BREAKFAST WRAP 22

Grilled pork chorizo patty, scrambled eggs, hash brown, lettuce, pickles, tomato salsa, spicy pineapple jalapeno relish, aioli, mozzarella cheese, wrapped in a spinach tortilla (3380kJ)

CRUSHED AVOCADO ON TOAST ^v 24

Slow roasted cherry tomato, parsley, whipped Persian fetta, homemade chilli oil, pickled eschalots, poached eggs, toasted sourdough (2330kJ)

TURKISH EGGS 24

Grilled pork chorizo, slow roasted cherry tomato, poached eggs, lemon & dill labneh, Aleppo butter, toasted focaccia (3530kJ)

CHEESY BACON OMELETTE 24

Roasted mushroom, cherry tomato, baby spinach, grilled bacon, mozzarella cheese, parsley, toasted focaccia (2340kJ)

Vegetarian option available

MUSHROOM SCRAMBLED EGGS ^{CHEF'S PICK} ^v 25

Sauteed mixed mushroom, asparagus, whipped Persian fetta, caramelised onion & mushroom relish, parmesan snow and shiitake mushroom XO on a toasted sourdough (3540kJ)

TEMPURA CORN FRITTERS ^v ^{CHEF'S PICK} 25

Crispy tempura corn fritters, crushed avocado, tomato salsa, tomato relish, whipped Persian fetta, poached egg, soft herbs, parmesan snow (2840kJ)

GARLIC PRAWN OMELETTE ^{CHEF'S PICK} 26

Sauteed prawns¹, asparagus, garlic, roasted cherry tomato, eschalot, mozzarella cheese, napolitana sauce, parsley, toasted focaccia (2420kJ)

EGGS BENEDICT 26

Poached eggs, crushed avo, sauteed spinach, hollandaise, toasted sourdough crumpet, fine herbs

Choice of Salmon¹ (2630kJ) +2 / Bacon +1 (3370kJ) /

Halloumi ^v (3260kJ)

BREAKFAST GNOCCHI ^{CHEF'S PICK} 27

Homemade potato gnocchi, roasted tomato, pork chorizo, chilli, parsley, parmesan snow, poached egg (2810kJ)

Swap the chorizo for chicken (2530kJ)

LEAF BREKKIE ^v 27

Two poached eggs, grilled halloumi, hash browns, mushrooms, Sauteed spinach, crushed avocado and roasted tomato with toasted sourdough (3530kJ)

BIG BREAKFAST 29

Two eggs your way, crushed avocado, grilled pork chorizo, bacon, hash browns, smoked umami potato croquettes, roasted mushrooms served with toasted sourdough

Poached (4000kJ) / Scrambled (4090kJ) / Fried (4120kJ)

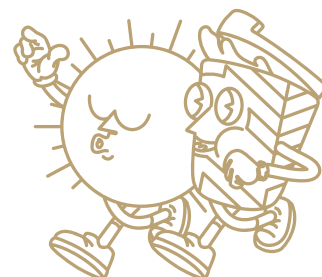
EXTRAS

AIOLI SAUCE (414KJ) / CHILLI OIL (287KJ)	1
HOLLANDAISE SAUCE (414KJ) / HASH BROWN (553KJ)	3
POACHED EGG (345KJ)	3.5
SAUTEED SPINACH (251KJ) / HAM (453KJ) / MUSHROOMS (160KJ) / AVOCADO (994KJ) / SMOKED UMAMI POTATO CROQUETTES - 2 PCS (590KJ)	4
GRILLED HALLOUMI (722KJ)	6
GRILLED CHICKEN (718KJ) / GRILLED BACON (1310KJ) / PORK CHORIZO (1310KJ) / SCRAMBLED EGGS (734KJ)	7
SMOKED SALMON ¹ (561KJ)	8
POTATO CHIPS (1192KJ)	9
SWEET POTATO CHIPS (809KJ)	12

THE AVERAGE ADULT DAILY ENERGY INTAKE IS 8700KJ

^v Vegetarian ^{GF} Gluten free ^{GFOR} Gluten free on request ^A Australian ^I Imported ^M Mixed origin ^{CHEF'S PICK} Chef's pick

• Please notify staff of food allergies • Sorry, we can't remove or swap ingredients • 15% public holiday surcharge • Halal chicken



SANDWICHES, BURGER AND MORE

TOASTIES

Cheese & Tomato ^v (1830kJ)	11
Ham & Cheese (2010kJ)	12
Ham Cheese & Tomato (2060kJ)	14
Grilled Chicken, Cheese & Avocado (3110kJ)	18

CHEESE MELTS

Mushroom & Tomato ^v (1560kJ)	15
Ham & Pineapple (1920kJ)	16
Chicken & Avocado (2580kJ)	18

B.L.A.T. ^{GFOR} 20

Bacon, lettuce, crushed avocado, tomato and homemade sweet chilli mayo, served on toasted focaccia (3530kJ)
Swap bacon with halloumi ^v (3440kJ)

MEDITERRANEAN GRILLED CHEESE TOASTIE ^v 20

Roasted pumpkin, tomato salsa, melted cheddar cheese, corn, aioli, caramelised onion & mushroom relish, served on toasted focaccia (3270kJ)

GRILLED HALLOUMI WRAP ^v 21

Roasted pumpkin, avocado, crispy chickpeas, raisins, tomato salsa, eggplant, coriander, grilled halloumi, shredded lettuce, aioli in a spinach wrap (2100kJ)

CHICKEN SCHNITZEL WRAP 21

Panko crumbed chicken breast fillet, English cheddar cheese, lettuce, avocado, tomato, and sweet chilli mayo in a spinach wrap (3240kJ)

GRILLED CHICKEN & MUSHROOM TOASTIE ^{CHEF'S PICK} 22

Grilled chicken breast, English cheddar cheese, chives, truffle mayo, and caramelised onion & mushroom relish on toasted focaccia (3510kJ)

CHICKEN KATSU SANDO ^{CHEF'S PICK} 25

Panko crumbed chicken breast, shredded lettuce, chives, Kewpie mayo, and Japanese BBQ sauce served on milk loaf bread, with a side of chips (5830kJ)

GRILLED BEEF CHEESEBURGER 26

Homemade beef patty, homemade tomato relish, lettuce, tomato, pickle, melted cheddar cheese, grilled bacon and special burger sauce served on a milk bun, with a side of chips (6140kJ)

SALAD, MAINS AND DESSERT

SUPERFOOD SALAD ^v ^{GFOR} ^{CHEF'S PICK} 24

Corn, avocado, onion, chilli, tomato, crispy chickpeas, kale, edamame, cous cous, roasted pumpkin, toasted seeds, honey mustard dressing (2060kJ)

FISH & CHIPS 25

Crispy battered flathead fillets¹, chips, house salad, lemon and tartar sauce (3330kJ)

CHICKEN SCHNITZEL 25

Panko crumbed chicken breast fillet, house salad, chips, creamy mushroom sauce (3780kJ)

Make it Parmig add +4 (Topped with napolitana sauce, ham, and mozzarella)

BERRIES & NUTS PANCAKE ^v 24

Seasonal berries, vanilla ice cream, mixed caramelised nuts, toasted coconut, whipped vanilla mascarpone and genuine maple syrup (3700kJ)

Add extra ice cream (+645kJ) +3

FOR THE LITTLE ONES

🌿 available for 12 and under 😊

KID'S BREKKIE 13

Scrambled egg, hash brown and toast (1590kJ)

KID'S CHICKEN NUGGETS 13

With chips and tomato sauce (2650kJ)

KID'S PIKELETS 13

With seasonal fruits and ice cream (2160kJ)

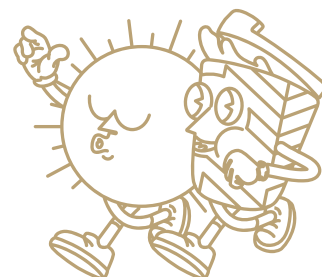
KID'S CHEESEBURGER 16

Grilled beef patty, cheese, BBQ sauce and chips (4550kJ)

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BREW BAR

ESPRESSO | UPSIZE +0.8

Ristretto (2kJ) / Short Black (2kJ)	4.5
Long Black (4kJ) / Macchiato (61kJ) / Piccolo (197kJ) / Flat White (451kJ) / Latte (541kJ) / Cappuccino (451kJ)	5

SPECIALTY | UPSIZE +0.8

Chai Latte (910kJ) / Green Tea Latte (929kJ)	5.2
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BELGIAN HOT CHOCOLATE | UPSIZE +1.5

We use Belgian couverture chocolate, high-quality chocolate that contains a higher percentage of cocoa.

White (979kJ) / Milk (1250kJ) / Dark (1080kJ)

MOCHA | UPSIZE +1.5

We use Belgian couverture chocolate, high-quality chocolate that contains a higher percentage of cocoa.

White (937kJ) / Milk (933kJ) / Dark (924kJ)

BABYCINO (133kJ)

2

EXTRAS

Decaf (2kJ) / Extra Shot (2kJ)	+0.6
Almond Milk (231kJ) / Soy Milk (361kJ) / Oat Milk (413kJ) / Lactose Free Milk (534kJ)	+0.8
FLAVOUR Caramel (270kJ) / Hazelnut (274kJ) / Vanilla (274kJ) / Mint (280kJ)	+0.8

ORGANIC LOOSE LEAF TEA

5.5

Temperature controlled, brewed to perfection.

GOOD MORNING

Our luxurious take on English Breakfast Tea (2kJ)

EARL GREY BLUEFLOWER

Ceylon Orange Pekoe Black Tea infused with bergamot (2kJ)

GENMAICHA (KYOTO JAPAN)

Brothy Kyoto Green Tea with toasted rice (2kJ)

SILVER JASMINE (ZHEJIANG)

Silver Tipped Green Tea, infused with jasmine blossoms (2kJ)

DOUBLE MINT

Mint & spearmint, lavender and fennel seeds to aid digestion (2kJ)

LEMONGRASS GINGER

Lemongrass and ginger blend to restore minerals (2kJ)

CHAMOMILE LAVENDER

A floral bouquet with sweet honey notes that soothe (2kJ)

MASALA CHAI

Authentic Indian recipe of spices with Assam Tea base & honey (465kJ)

CHILLED BAR

ICED ESPRESSO

Iced Long Black (4kJ) / Iced Latte (1050kJ)	7
Iced Coffee (1450kJ)	8
Affogato (729kJ)	7

BLENDED

Coffee (1700kJ) / Chai Latte (910kJ) / Green Tea Latte (908kJ)	9
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BLENDED CHOCOLATE

White (3020kJ) / Milk (2957kJ) / Dark (2900kJ)	10
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BLENDED MOCHA

White (2110kJ) / Milk (2100kJ) / Dark (2080kJ)	10
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SPARKLING REFRESHER

Grapefruit (602kJ) / Lemon (790kJ) / Green Grape (502kJ)	7.5
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KOMBUCHA & ORGANIC ICED TEA | 350ML

7

RUBY KOMBUCHA

Grapefruit and hibiscus (105kJ)

ZEST KOMBUCHA

Lemon and chrysanthemum (105kJ)

SUNNY MORNING

Ceylon Orange Pekoe Tea with fresh lemon juice & mint (428kJ)

HIBISCUS DAWN

Liquid Turkish delight (307kJ)

COLD PRESSED JUICE | 350ML

9

STRAIGHT OJ

Freshly pressed orange juice (420kJ)

CLEAN & GREEN

Apple, pear, spinach & kale (581kJ)

FRUITY SMOOTHIE

9

AÇAÍ ^{DF}

Açaí, guarana, banana (1525kJ)

PASSION TANGO ^{DF}

Pineapple, passionfruit, banana & mango (1330kJ)

SUMMER SUNSET ^{DF}

Pineapple, mango, strawberry & kiwi (1290kJ)

STRANANA

Strawberry, banana, milk & honey (1290kJ)

WATERMELON CRUSH ^{DF}

Watermelon (589kJ)

PROTEIN SHAKE | WITH ALMOND OR OAT MILK

12

THE ENERGISER | 29G PROTEIN

Kiwi, spinach, avo, pineapple, coconut, banana, chia seed
Almond (1881kJ) / Oat (2069kJ)

BERRY BOOST | 32G PROTEIN

Açaí, guarana, banana, chia seed
Almond (2322kJ) / Oat (2510kJ)

MILKSHAKE

7.5

Chocolate (1690kJ) / Vanilla (1540kJ) / Strawberry (1550kJ) /
or Banana (1290kJ)

WHEY Protein (502kJ) +2.5 / Make it a THICKSHAKE (1290kJ) +2.5

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^{DF} Dairy free • Sorry, we can't remove or swap ingredients • 15% public holiday surcharge